

SEND 16+ Transitions Guide

The guide is for parents/carers of children and young people on SEND support or who have an Education, Health & [Care Plan](#) (EHCP).

It is also important that all people involved with supporting children and young people use the transition guide.

Hard copies have been sent to schools, SPCN and you can request additional copies if you/your organisation require them.

It is available online via the local offer and a hyperlink is below

https://search3.openobjects.com/mediamanager/suffolk/enterprise/files/suffolk_16_transition_guide.pdf

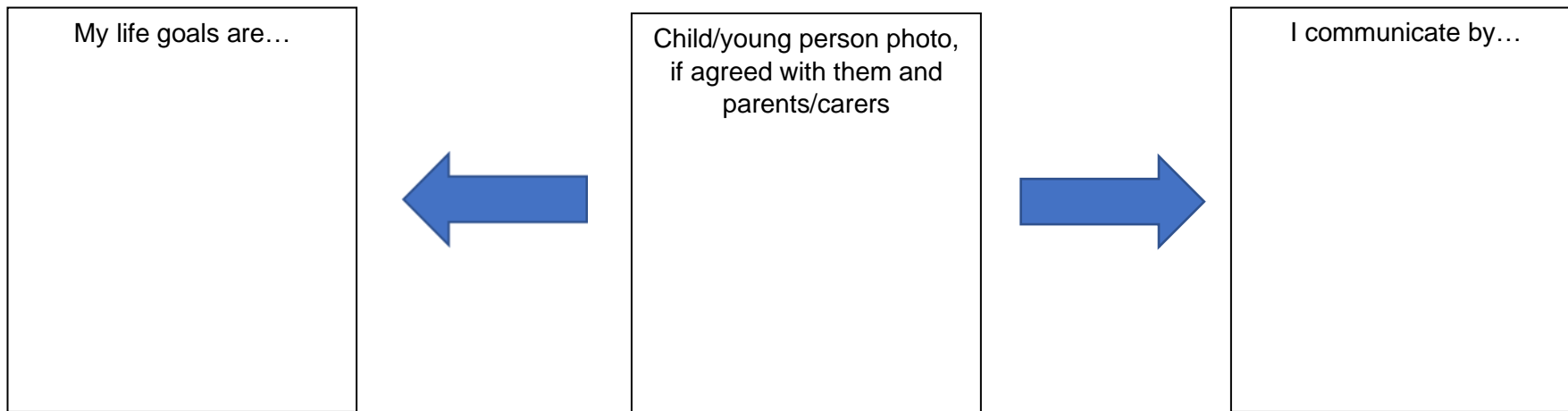
Moving into Adulthood Plan for
Date completed

DoB
Date Reviewed

This is a working document to be reviewed, amended and added to throughout the year and at each Annual Review

- **It is essential to capture the views of the child/young person in this section and that their voice is heard**
- **The 16+ Transition Guide must be used when completing this plan**

Education Setting	Previous	Current
Who has helped to complete the plan?	Name/s	Role (Parent, carer, Teacher etc)



My long-term goals are

Have your long-term goals changed?

	Age 13/14	Age14-16	Age16-18	Post 19
Education and Training	Subject option choice Careers education and guidance	What qualifications do I need? GCSE, Entry level etc Study programme/vocational options Work experience or employer contact Transition to new setting	Further work on academic and vocational qualifications Skills for Work, Training and Volunteering	Further learning as appropriate Completing outcomes in EHC Plan
	I will...	I will...	I will...	I will...
	Who: When: Achieved: Yes/No	Who: When: Achieved: Yes/No	Who: When: Achieved: Yes/No	Who: When: Achieved: Yes/No
Skills for life and living	Daily living skills e.g. making food, personal care, managing money Being part of my community		Actively planning for my future, financial and living arrangements	Continuing to develop skills for life and living
	I will...		I will...	I will...
	Who: When: Achieved: Yes/No		Who: When: Achieved: Yes/No	Who: When: Achieved: Yes/No
Health	Where and how to get help for my health and emotional wellbeing Annual Health check with GP, if registered Learning Disability Sex, drug and alcohol education		Knowing when and how to make dental and optician appointments Moving into adult health services	Manage health appointments and treatments
	I will...		I will...	I will...
	Who: When: Achieved: Yes/No		Who: When: Achieved: Yes/No	Who: When: Achieved: Yes/No

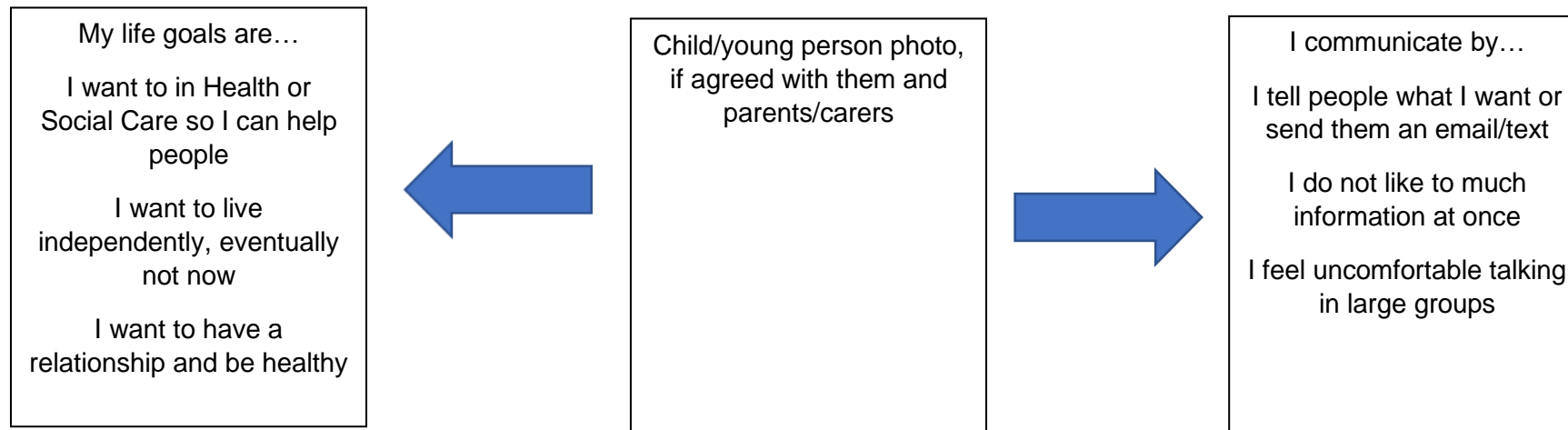
Moving into Adulthood Plan for JB
Date completed 21/09/20

DoB: 10/10/2004
Date Reviewed

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Education Setting	Previous	Current
		Fairy Dust Mainstream Secondary School
Who has helped to complete the plan?	Name/s	Role (Parent, carer, Teacher etc)
	Mr and Mrs B Mr H Mrs L Mr Q	Parent SENCo Teaching Assit Careers Advisor/Teacher



My long-term goals are to work in Health or Social Care

Have your long-term goals changed?

	Age 13/14	Age14-16	Age16-18	Post 19
Education and Training	Subject option choice Careers education and guidance	What qualifications do I need? GCSE, Entry level etc Study programme/vocational options Work experience or employer contact Transition to new setting	Further work on academic and vocational qualifications Skills for Work, Training and Volunteering	Further learning as appropriate Completing outcomes in EHC Plan
	I will need to find out what careers there are in Health and Social Care by having a careers interview Who: Me, Mr Q When by end of 18/19 Achieved: Yes	I know that I need 3 GCSEs at level 4 and above including Maths/English and Science to access a Level 2 course at college. I will have work experience to help me decide if I want to work in Health or Social Care Who: Me, Mr Q, Mr H, parents When by Summer 21 Achieved: Yes/No	I will enrol on my chosen course and continue with work experience. I will work with the college and employability services to practice my interview skills. I will have support to complete CV/ job applications/ apprenticeships/ University Who: Me and College staff When in next 2 years Spring 23 Achieved: Yes/No	I understand that I may need to complete more learning once I am in work/training Who: When: Achieved: Yes/No
Skills for life and living	Daily living skills e.g. making food, personal care, managing money Being part of my community		Actively planning for my future, financial and living arrangements	Continuing to develop skills for life and living
	I will set my own alarm, sort my washing and be able to shop with a budget. I will be able to make my own lunch. I will join an outside social type of club Who: Me and parents When: Ongoing and by Summer 21 Achieved: Yes/No		I will open my own bank account. I will start to save for driving lessons. I will carry out simple household tasks regularly Who: Me and parents When Spring 23 Achieved: Yes/No	I will start to be involved with household bills and DIY around the house Who: Me and parents When Spring 24 onwards Achieved: Yes/No
Health	Where and how to get help for my health and emotional wellbeing Annual Health check with GP, if registered Learning Disability Sex, drug and alcohol education		Knowing when and how to make dental and optician appointments Moving into adult health services	Manage health appointments and treatments
	I will go to the Drs I will ask questions about the things I do not understand from PHSE re sex, drug, alcohol education etc. Who: Me and tutor When: Ongoing and by Summer 21 Achieved: Yes/No		I will have the address and phone numbers of the Dr, dentist and opticians saved in my phone so I can call them if needed Who: Me and parents When: Autumn 21 Achieved: Yes/No	I will know how to make a health appointment and keep records of when I need to go Who: Me and parents When: Autumn 22 Achieved: Yes/No

Moving into Adulthood Plan for
Date completed 20/05/2019

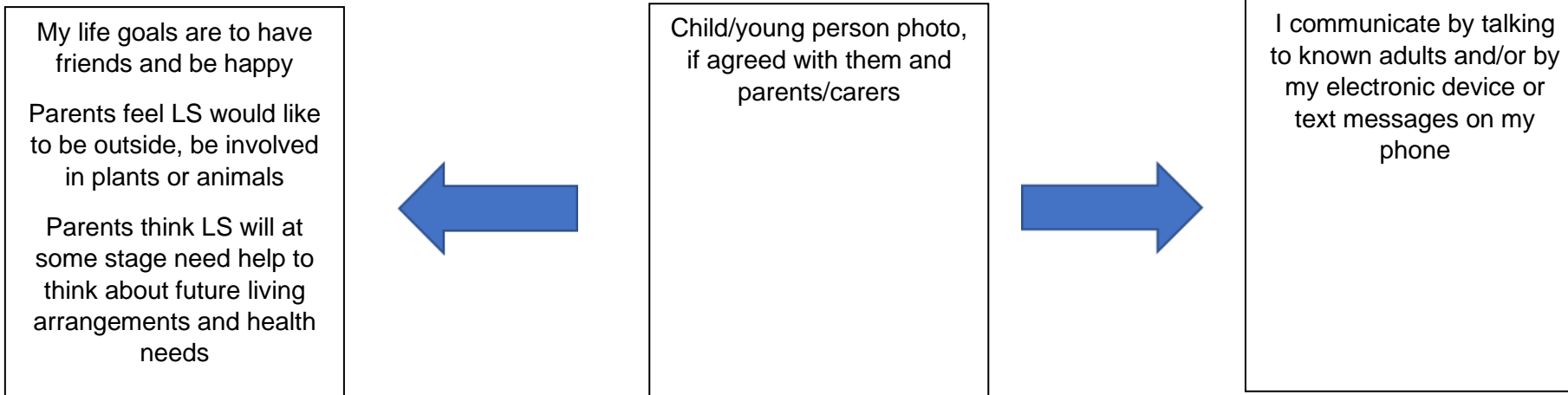
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DoB 03/05/03
Date Reviewed 21/09/20

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Education Setting	Previous	Current
	Pixie Specialist School	Wizard College
Who has helped to complete the plan?	Name/s	Role (Parent, carer, Teacher etc)
	Mr S Miss P Mrs Y Miss L Miss W	Dad Mum Social Worker Careers Advisor Tutor/Special Needs Advisor



My long-term goals are having friends and being happy

Have your long-term goals changed? I now know I would like to work in a garden (21/09/20)

	Age 13/14	Age14-16	Age16-18	Post 19
Education and Training	Subject option choice Careers education and guidance	What qualifications do I need? GCSE, Entry level etc Study programme/vocational options Work experience or employer contact Transition to new setting	Further work on academic and vocational qualifications Skills for Work, Training and Volunteering	Further learning as appropriate Completing outcomes in EHC Plan
	I will have a careers interview to talk about my ideas of what I like to do Who: Me Miss L When: Sept 18 Achieved: Yes	I will have Entry Level 1 in Maths and English to access a college course of my choice possibly with animals or in a garden. I will be supported to transition to college Who: Me, Parents, Mrs Y When: Summer 19 Achieved: Yes	I will enrol on a college course and explore experiences with animals and being outside. I will look to do some volunteering in a placement with gardens/gardening Who: Me, Parents When: Summer 20 Achieved: Partially- Was bitten by a rabbit and now prefers gardening	I will decide if I will stay at college or work in a garden I will still be learning new skills about growing plants, nature and social skills. Who: Me Parents, Miss W, Mrs Y When: Summer 20 onwards Achieved: Yes/No
Skills for life and living	Daily living skills e.g. making food, personal care, managing money Being part of my community		Actively planning for my future, financial and living arrangements	Continuing to develop skills for life and living
	I will help with making my lunch and chose what I would like to eat I will put my clothes in the washing basket I will understand what Travel Training is and see if I can travel to school/college safely on my own Who: Me, Parents, Miss W, Mrs Y When: Summer 19 Achieved: Yes		I will carry out simple household tasks regularly I will talk with my parents about where I will live in the future Who: Me, Parents and Mrs Y When: Summer 20 Achieved: Yes	I will shop for a simple meal with a budget I will understand that turning on my heater costs money Who: Me, Parents When: Summer 20 onwards Achieved: Yes/No
Health	Where and how to get help for my health and emotional wellbeing Annual Health check with GP, if registered Learning Disability Sex, drug and alcohol education		Knowing when and how to make dental and optician appointments Moving into adult health services	Manage health appointments and treatments
	I will go to the Drs with my parents I will ask questions about the things I do not understand from PHSE re sex, drug, alcohol education etc. Who: Me, Parents and tutor When: Summer 19 Achieved: Yes		I will have the address and phone numbers of the Dr, dentist and opticians saved in my phone so others can call them if needed Who: Me and parents When: Summer 20 Achieved: Yes	I will attend health appointments, with support, and ask questions if I do not understand Who: Me, Parents When: Summer 20 onwards Achieved: Yes/No



[Suffolk Local Offer is a great place to find information](https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/localoffer.page?localofferchannelnew=0)
[Hyperlink below](https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/localoffer.page?localofferchannelnew=0)

<https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/localoffer.page?localofferchannelnew=0>