

Early Help Teams @ Suffolk County Council

- . Are you a young person [16 – 18] + not in education, employment or training?
- . Or are you in Yr11 and haven't yet sorted out your education, employment or training for next year?
 - . Got questions?
 - . Looking for support?
 - . Need help do a CV or prepare for interview?
 - . Want a chat about what you're going to do next?
 - . Are there other barriers preventing you from moving on?
- . The Early Help Teams are offering support via telephone, videocall, text and email at the moment
- . For more information, contact your local Early Help Coach
- . [Early Help Coaches can link you to the Young Persons Workers in the teams too]

			
Central + South Suffolk	Cally Boardman	07711 190 433	callyboardman@suffolk.gov.uk
Ipswich	Steve Gray	07543 237 729	steve.gray@suffolk.gov.uk
Lowestoft + Waveney	Barbara Blowers	07734 478 882	barbara.blowers@suffolk.gov.uk
Suffolk Coastal	Lou Collins	07711 188 092	louise.collins@suffolk.gov.uk
West Suffolk [inc. Forest Heath]	Liz Ginno	07736 007 620	elizabeth.ginno@suffolk.gov.uk

δ careers support



Not sure what you want to do in the future, or have a little more time on your hands these days? Try these to get suggestions for what you might want to do as an apprenticeship, training course or job:

<https://beta.nationalcareers.service.gov.uk/>
 & <https://www.icanbea.org.uk/app/game/interests/>

There are some great careers resources as well as virtual tours of colleges and local businesses at
<https://www.icanbea.org.uk/home-educating-schooling-resources-index/#CAR>

δ wellbeing support



If you feel you need some wellbeing support, or some advice about someone important to you, The Source website is a good starting point, with information about a wide range of topics and links to support

<https://www.thesource.me.uk/health/>



OneLife Suffolk is very much still open and delivering services by telephone, Zoom, Skype, Facebook and website

With the recognition that stopping smoking is an important way for individuals to reduce their risk from Covid-19, we are providing 1-2-1 telephone support for those wishing to quit

Further info on 01473 718193 or <https://onelifesuffolk.co.uk/>

δ training courses

If you are not in education, employment or training and don't know what to do during the COVID-19 crisis, there are lots of opportunities that have recently become available to you for free

The programmes vary from a few hours to a few weeks in length

They give you the chance to show that you have used the time well and been able to add something to your CV.

This could impress colleges and employers when the shut-down is over and you move on to your next steps

Abbeygate 6 th Form	<ul style="list-style-type: none"> Abbeygate Sixth Form College is still accepting applications for September 2020 To find courses + apply - https://www.abbeygatesfc.ac.uk/
Colchester Institute	<ul style="list-style-type: none"> Colchester Institute is still accepting applications to full-time and part-time further and higher education programmes that start in September 2020 For full-time further education programmes, the application deadline has been extended to 31st May 2020 (although they will still accept applications after this date) https://www.colchester.ac.uk/
East Coast College [Lowestoft + Great Yarmouth]	<ul style="list-style-type: none"> ECC are providing regular updates on their website for existing and new students hoping to start in September - https://www.eastcoast.ac.uk/student-support/updates/ All Year 11 students who have chosen to apply will be guaranteed a place for September They are providing the opportunity for young people to complete applications via their website or by calling an advisor on 0800 854 695 They are continuing to accept new applications and are completing telephone / email interviews There is the opportunity for new students/parents/carers to join a 'Live Virtual Open Day' – This is being held on Thursday 4th June at 2pm or 6pm. To register a place, please follow link: https://www.eastcoast.ac.uk/virtual-open-day/ https://www.eastcoast.ac.uk/
college added this week	
Suffolk New College	<ul style="list-style-type: none"> Offers virtual tours of the college for potential students - https://www.suffolk.ac.uk/virtual-tour To find courses + apply - https://www.suffolk.ac.uk/
Suffolk One	<ul style="list-style-type: none"> To find courses + apply - https://www.suffolkone.ac.uk/
West Suffolk College	<ul style="list-style-type: none"> To find courses + apply - https://www.wsc.ac.uk/ See current apprenticeships offered by WSC at http://link.westsuffolkcollege.ac.uk/m/1/74286546/02-b20136-dde1ecef934b4c369c0a9288d545115a/1/667/c3b51117-be31-4289-ab1e-e6a69a4c0cc7 West Suffolk College has also launched a programme to support any year 11 students in making informed decisions about their future – at a time when many may be feeling anxious about their next steps in education The resources include project work for every one of the full-time courses available and includes essential information such as uniform and equipment lists and how to prepare for the start of term Find out more at https://www.wsc.ac.uk/about-the-college/news/7133-we-launch-exceptional-resource-to-support-year-11-students?fbclid=IwAR38_qapfFJzxb4kCCVA1PBOypkhA_X-kFK2hkUziZTNwaj8EQT_Ohc1nI4
online learning from gov.uk	<p>A new online learning platform to help boost the nation's skills while people are staying at home has been launched</p> <ul style="list-style-type: none"> The new platform gives people access to free, high-quality digital and numeracy courses to help build up their skills, progress in work and boost their job prospects These are the skills which are highly valued by employers and sought after in a wide range of jobs With more people expected to be working and studying remotely in the coming months, the platform offers a great opportunity to learn new skills to help to get ahead online and gain the knowledge we'll all need for the future

	<ul style="list-style-type: none"> · Courses on offer cover a range of levels · All courses are online and flexible, so people can work through them at their own pace. · https://theskillstoolkit.campaign.gov.uk/
BEATS Learning	<ul style="list-style-type: none"> · Offers a range of free courses for NEET young people in English, maths, music, sports coaching, hospitality, construction, health and social care and landscaping and gardening. They can be made to fit your interests and needs. · For more info, contact Simon Gunton on 07885 706 456 / simon@beatslearning.com
CRC	<ul style="list-style-type: none"> · For info on programmes offered, contact 07989 227 515 or trainingtalent@camre.ac.uk
1 st Care Training	<p>Introductory course for care work</p> <ul style="list-style-type: none"> · Gain a City & Guilds Level 1 Certificate in Preparing to work in Adult Social Care and Childcare · for people age 15-24 years NEET [not in education, employment or training] · Open to people interested in the diverse roles in a care environment such as cleaning, admin, + catering. Includes working with people with learning disabilities + the role of the activities co-ordinator · Courses takes approx. 5-6 weeks but will depend on individual learners · Course delivery is via email or posting work to students. There is telephone support from the tutor. · Email Jake Finney for referrals Jake-1stcaretraining@outlook.com
LifeSkills Lowestoft added this week	<ul style="list-style-type: none"> · Lifeskills are in regular contact with their current learners and with potential new learners hoping to start in September · All Year 11 students who have applied will be guaranteed a place for September. Applications can be made via their website and submitted online: https://learnaliving.co.uk/lifeskills-august-starts/. All potential learners will be contacted to discuss all available options relating to their desired course · Lifeskills are continuing to accept new applications and are completing interviews via telephone, WhatsApp or Zoom depending on the individual's requirements · Lifeskills are currently in the process of completing a video of their centre in Lowestoft, which will be provided to all support agencies and schools, in the hope that potential new learners will feel more at ease in making their decision · https://learnaliving.co.uk/lifeskills-centres/lifeskills-lowestoft/ · https://learnaliving.co.uk/training-for-16-to-18-year-olds/
National Citizenship Scheme	<ul style="list-style-type: none"> · If you've already signed up, you'll be contacted and have the option of dropping out, donating their 'fee' to a mental health charity, or deferring to an autumn programme. · NCS plans to run normal sessions for their Autumn half term programme [restrictions permitting] + at other times through colleges/schools etc · More details will come out in a few weeks' time
Online short courses – usually free	<ul style="list-style-type: none"> · Barclays Life Skills - www.barclayslifeskills.com - tools, tips and learning resources for you to help yourself or to support you in the development of others · Centre of Excellence - www.centreforexcellence.com/shop/ - e-learning courses in a wide range of subject areas including fitness, mindfulness, wellbeing, writing, hobbies, animal care, aromatherapy...Some of these are available for £29 when using the code UPSKILL · EdEx - https://www.edx.org/course?program=all - explore a new interest, advance your career, or break into a new field · Free English lessons online - https://www.esolcourses.com/ · Future Learn - www.futurelearn.com/courses - free online short courses offered by universities with subject areas including business, fashion, health and social care, environment, science and more · Google Digital Garage - https://learndigital.withgoogle.com/digitalgarage/courses - discover a range of free learning content designed to help grow your business or jump-start your career. You can learn by selecting individual modules, or dive right in and take an entire course end-to-end · Open Learn - https://www.open.edu/openlearn/ - free learning from The Open University. Are you looking for a new topic to explore, or want to dig deeper into something you've already discovered? · Vision 2 Learn - www.vision2learn.net - nationally accredited qualifications available to study online

<p>Qube Learning + Qube Work-Fit</p>	<p>Qube Learning + Qube Work-Fit are offering a range of remote courses - available to support the development of your skill set from the comfort of your own home. Open to people aged 19 + above + claiming Universal Credit or with an income of less than £16,000 per year</p> <ul style="list-style-type: none"> . Level 1 courses – Digital Skills / . Level 2 courses – Warehousing / Preparing to Work in Adult Care / Team Leading / Retail . For more info, contact 01235 83 38 38 jobseekers@qube-learning.co.uk
<p>TCHC</p> <p>updated info</p>	<ul style="list-style-type: none"> . The GAPS course is currently online . The GAPS course is a Study Programme which can run for up to 26 weeks. During that time, the learner will study Functional Skills maths and English . Learners will also gain qualifications in Customer Service or Employability . And, when circumstances allow, learners will complete a work placement . TCHC are also planning to launch the Step Forward course on June 15th. Step Forward covers an employability qualification and work tasters and experience . For more info, speak with Tyrone on 07720 090 215 / tyrone.bradnam@tchc.net
<p>Tempus Training</p>	<p>Entry to Construction</p> <ul style="list-style-type: none"> . Is a free 1-week course for 16-24-year-olds that should lead to taking the CSCS Card test once centres are open . You will need a g-mail account as the programme is delivered in Google. You'll also need a birth certificate or passport and evidence that you are NEET (you can ask your Early Help Coach to provide this evidence) . For more information, contact Robbie Adams on 0300 320 1465
<p>The Princes Trust</p>	<p>Online Princes Trust Achieve modules:</p> <ul style="list-style-type: none"> . There are a range of topics such as interpersonal skills, managing money, teamwork, + healthy lifestyles . If you complete 2 units, you can achieve an accredited Level 1 Award in Personal Development and Employability from The Prince's Trust . No set start date . Contact Peter for further info peter.hennessey@princes-trust.org.uk <p>Or www.princes-trust.org.uk / 0800 842 842</p>
<p>The Princes Trust</p> <p>new information</p>	<p>Programme Update June 2020</p> <ul style="list-style-type: none"> . The Princes Trust continues to provide safe online programmes as well as other support . The programmes no longer have dates attached to them. Princes Trust will create a list of people interested and those who contact them first will be the first to be offered places . See booklet for more info + contact details  <p>Prince's Trust East of England programme l</p>
<p>The Princes Trust</p>	<p>Get into Adult Social Care</p> <ul style="list-style-type: none"> . Online programme – Monday 1st June - Friday 19th June 2020 . Phone interviews and sign-ups will take place up until Wednesday 13th May . Are you aged 18-30? Not in education, employment, or training? . The Prince's Trust, in partnership with Steadfast Training, are offering a FREE online employment training course, which gives you a fantastic opportunity to start a career within Adult Social care + gets you a Level 1 qualification in preparing to work in adult social care . Doesn't affect your benefits and up to 6 months mentoring support <p>Contact Peter for further info peter.hennessey@princes-trust.org.uk or 0800 842 842</p>
<p>The Square Metre Group</p>	<p>Level 1 Award in Health and Safety for the Construction Environment (RQF)</p> <ul style="list-style-type: none"> . supports applications for a CSCS card . For people aged 18 + above . Course delivered as 1 full day or 2 half days . For more info, contact info@thesquaremetregroup.com
<p>West Suffolk College</p>	<p>The Essentials course</p>

	<ul style="list-style-type: none"> covers Social Awareness, Self-Development and Employability https://wsc.theskillsnetwork.com/courses/wsc-employability-course-essentials There may be some waiving of fees Contact Liz Creasy liz.creasy@wsc.ac.uk
WS Training	<ul style="list-style-type: none"> WS Training is still working with some existing learners, providing consultations + work to be completed at home But no new learners will be accepted until new academic year - September 2020. Contact: Charlotte Woolcock CWoolcock@WSTraining.co.uk
YMCA	<ul style="list-style-type: none"> This year, YMCA training's 5-week Summer programme will be offered to school leavers as an online experience: It runs from Monday 29th June to Friday 31st July offering variety of online activities and training sessions to suit all <p>YMCA's 16-18 Study programmes</p> <ul style="list-style-type: none"> Are not taking on any new learners currently We will share updates here when things change All details are also available on the website www.ymca.co.uk or call 01473 406 126

δ apprenticeships

Look on <https://www.gov.uk/apply-apprenticeship>
for all apprenticeships - new ones are being added
You can also register, upload your info + apply on this site

The Education and Skills Funding Agency (ESFA) has confirmed that apprentices who are furloughed as part of the government's Staff Retention Scheme can continue in learning provided that they are being supported by the training provider. This can count towards the 20% off-the-job element of their apprenticeship. For more information, contact your training provider.

Apprenticeships
Suffolk

new
support
offer

- Website for people looking for an apprenticeship opportunity
- Also has info for parents/carers + for companies looking to offer apprenticeships
- if you have been made redundant, or put onto a Break in Learning by your employer or provider and would like to discuss your options please get in touch**
- <https://apprenticeshipssuffolk.org/>

δ jobs

Some good job-search sites are:

- <https://www.indeed.co.uk>
- <https://www.findajob.dwp.gov.uk/>
- <https://www.totaljobs.com>
- <https://newanglia.co.uk/employment-opportunities/>

Vacancies at the moment are mainly in industries such as health and social care, warehousing, supermarket / retail

Recruitment pages for bigger companies

- Aldi - <https://www.aldirecruitment.co.uk/>
- Asda - <https://www.asda.jobs/>
- B&M - <https://www.bmstores.co.uk/careers>

- Co-op - <https://www.eastofengland.coop/supportus>
- FarmFoods - <https://www.farmfoods.co.uk/join-us.php>
- Iceland – <https://icelandcareers.co.uk/>
- Lidl – <https://careers.lidl.co.uk/>
- Morisons - <https://www.morrisons.jobs/>
- Sainsbury's - <https://sainsburys.jobs/>
- Tesco - <https://www.tesco-careers.com/search-and-apply/>
- The Food Warehouse - <https://www.thefoodwarehouse.com/vacancies/>
- seasonal farm labour [18 year olds +] <https://hopslaboursolutions.com/seasonal-work/>

minimum wage: April 2020 (current rate)	Apprentice	Under 18	18 to 20	21 to 24	25 and over
	£4.15	£4.55	£6.45	£8.20	£8.72

δ volunteering

- Look on <https://volunteersuffolk.org.uk/> for regular updates + opportunities
- Currently advertising Covid-19 volunteering roles
- Also usually covers a wide range of roles + you can search for an opportunity or advertise that you want to volunteer

National
Citizenship
Scheme

- NCS programmes are being altered because of Covid-19
- There are plans for lots of volunteering opportunities in June / July (lockdown permitting) instead of their normal programme. This will be for 15-17-year-olds working with local organisations + there will be a strong social action aspect
- For more details, please see - <https://www.wearencs.com>

δ support services

- If you'd like some information + support around the current Covid-19 pandemic, please take a look at <https://www.thesource.me.uk/home/latest-news-and-views/coronavirus-advice-and-support-page/>
- It includes useful links to get you through, including how to look after yourself and your wellbeing in the current circumstances
- These are sources that have been checked to provide reliable information and is regularly updated

Babergh Youth
Engagement
Service [BYES]
+
One Step Closer
[from West
Suffolk College]

- BYES is for young people aged 16-24 living in the Babergh area
- Currently, support is offered digitally to work towards education, employment and training opportunities.
- Young people can access online training, virtual coaching and signposting to careers or courses they may be interested in
- See the range of courses at <https://wsc.theskillsnetwork.com/>
- Learners that require English and Maths will also be able to start this and will be allocated a support tutor as well as Talent Coach from the project
- Referrals can be emailed to: colin.fordham@wsc.ac.uk [for Babergh Area]
- + onestepcloser@wsc.ac.uk [for West Suffolk Area]

Minding the Gap

- MtG support people aged 15-24 to work towards education, employment and training opportunities
- They are continuing to work with existing participants, supporting them remotely via telephone call, emails, texts and video calls
- They are accepting new referrals - these will be evaluated on a case-by-case basis
- Contacts:
- Lapwing enquiries@lapwingeducation.com
- Realise Futures paula.cocksedge@realisefutures.org

One Haverhill	<ul style="list-style-type: none"> . Karen Chapple, Youth Skills Manager, works closely with the schools and employers in Haverhill - karen.chapple@haverhill-tc.gov.uk . Haverhill young people have their own website - https://haveyou.org.uk/support/
Suffolk Work Well <i>from Suffolk MIND</i>	<ul style="list-style-type: none"> . Suffolk Work Well support people 18 + older: <ul style="list-style-type: none"> . to gain, or retain, employment. . to get people with mental health issues work ready . they enable people with mental health issues to gain employment. . they help those in employment retain their employment. . staff are continuing to provide support via phone, email, texts and video chats . support is available to those newly unemployed or furloughed through the pandemic, and those obliged to work from home and therefore are work-isolated . You can refer yourself to Suffolk Work Well through the online referral form https://www.suffolkmind.org.uk/services/suffolk-work-well/
The Source	<ul style="list-style-type: none"> . A website for young people in Suffolk . It has information on learning, job hunting including writing a CV, mental and physical health, relationships, housing, money and leisure . www.thesource.me.uk
The Together Project	<ul style="list-style-type: none"> . Are you 15-24 looking for help finding training employment or education? Maybe we can help you... . 1 to 1 coaching . Life skills support . 'Work ready' workshops . Signposting for further education . The programme is designed to support your wellbeing, help you to build confidence, resilience, motivation and self-belief. We want to help you in unlocking your potential and encouraging you in taking your next step.
Work Well Suffolk (WWS) <i>from Suffolk County Council</i>	<p>WWS can help if you:</p> <ul style="list-style-type: none"> • Are 18 years + and are unemployed / economically inactive • Have a long term health condition • Have barriers to learning / employment • Have mental health / autism / learning support needs <p>They will:</p> <ul style="list-style-type: none"> • Support you to engage with education, training and employment • Improve employment opportunities • Promote independence, choice and wellbeing • Empower you to remove barriers to employment • Encourage you to participate in work related activities <p>They are continuing to help people through a range of support options, including telephone calls, social media, internet and our website.</p> <ul style="list-style-type: none"> . https://www.suffolk.gov.uk/jobs-and-careers/work-well-suffolk/ . Or contact workwellsuffolk@suffolk.gov.uk

δ if you have any information or updates that can be added to the next edition of this, please email cally - cally.boardman@suffolk.gov.uk