Public Health England – Health Profiles

Alcohol

Re-examining the theory about the collectivity of changes in alcohol consumption
Jurgen Rehm
Addiction Volume 109, Issue 9, pages 1397–1398, September 2014
Full text article

Housing and Health

Housing associations and the NHS: new thinking, new partnerships
The treatment and care of more people in their own communities and the provision of more support to allow them to stay in their own homes or in specially designed accommodation is vital if our society is to cope with an ageing population and the growing number of people with multiple long-term conditions. Furthermore, given the increase in demand and the consequential rise in healthcare costs, it is essential to secure efficiency savings and productivity improvements wherever possible. Much greater integration of health and housing is widely seen as one way of meeting these challenges. The report provides a snapshot of current thinking around some elements of the agenda, including using surplus NHS land to improve clinical outcomes. The report aims to stimulate a debate across both disciplines and help shape the policy response.
Report

Inequalities

National conversation on health inequalities
This toolkit and guidance aim to support local authorities to start talking about health inequalities in their communities.
Reducing health inequalities: a toolkit and guidance for starting local conversations.
Guidance

Outreach programmes for health improvement of traveller communities: a synthesis of evidence
This National Institute of Health Research (NIHR) funded study aimed to: quantify and classify the evidence concerning traveller communities' health; estimate the costs of different types of outreach and determine which might be considered cost-effective, and; develop explanations of how, for whom and in what circumstances outreach works best.
Report

Substance Misuse

Ambitious for recovery: tackling drug and alcohol addiction in the UK
This report outlines and forecasts addiction problems in the UK and warns that deaths linked to 'legal highs' could overtake those linked to heroin by 2016. Amongst some of the recommendations suggested is a 'treatment tax' which should be added to the cost of alcohol in shops to fund a new generation of rehabilitation centres and stem the tide of Britain's addiction problem
Report

For more information on this publication please contact:- publichealthlibrary@suffolk.gov.uk
Obesity

Sugar reduction: responding to the challenge
This discussion paper outlines the steps Public Health England (PHE) will take to help people reduce their sugar intake.

Sugar reduction: responding to the challenge

Adult obesity and type 2 diabetes
The paper provides an overview of obesity and type 2 diabetes among adults, describing the epidemiology of each disorder, how the two conditions are linked and why they present a major public health challenge.

Guidance

Physical Activity

Early years slides - physical activity guidelines and benefits
Powerpoint slides which provide an overview of the UK physical activity guidelines for the under-fives and the benefits of being physically active for this age group. Information is included on the importance of physical activity for cognitive, social and physical development.

Early years slides - physical activity guidelines and benefits

Current levels of physical activity in older adults
Designed for use by practitioners who work with older adults, this fact sheet provides a brief overview of the facts in this area.

Current levels of physical activity in older adults

Current levels of physical activity in the early years
Ideal for early years practitioners who want the latest facts and figures relating to physical activity in the under 5s, this fact sheet covers the latest research findings of physical activity levels and population level surveys of physical activity levels.

Current levels of physical activity in the early years

Current levels of sedentary behaviour
This fact sheet provides the latest statistical data on sedentary behaviour in different age groups.

Current levels of sedentary behaviour

Smoking Cessation

A cost-effectiveness analysis of online, radio and print tobacco control advertisements targeting 25-39 year-old males
An independent critical appraisal report produced for the Centre for Reviews and Dissemination's NHS Economic Evaluation Database.

Report

Enhanced support for local tobacco control
Public Health England (PHE) is backing local authorities, tobacco control alliances, and health and wellbeing boards to undertake the CLear tobacco control assessment. Originally developed by Action on Smoking and Health (ASH), CLear supports local public health organisations to review their current tobacco control efforts and develop further actions to reduce smoking rates

Assessment

For more information on this publication please contact:- publichealthlibrary@suffolk.gov.uk
Smoking Cessation

Standardised packaging can save lives and boost local economies
Public Health England responds to standardised packaging of tobacco products consultation.

PHE response

Statistics on NHS Stop Smoking Services, England - April 2013 to March 2014
This report includes information on the number of people setting a quit date and the number who successfully quit at the 4 week follow-up. It also presents in depth analyses of the key measures of the service including pregnant women, breakdowns by ethnicity and type of pharmacotherapy received. The results are provided at Region and Local Authority (LA) levels.

HSCIC report

Real-world effectiveness of e-cigarettes when used to aid smoking cessation: a cross-sectional population study
Jamie Brown1,2, Emma Beard1, Daniel Kotz1,3, Susan Michie2,4 & Robert West1,4
Addiction Volume 109, Issue 9, pages 1531–1540, September 2014
Full text article

Wider Determinants of Health

Value of outdoor recreation
Sport and Recreation Alliance have launched a reconomics report which shows the popularity of outdoor activities and the benefits it brings to the UK economy. The report was launched at Westminster to urge parliament members to take action.

Report: The Economic Impact of Outdoor Recreation

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