

# Lowestoft Park&Stride

WALKING TIME -  
MINUTES  
TO TOWN CENTRE

TIME TO WALK TO THE TOWN CENTRE

TRY TO INCLUDE  
**TEN**  
MINUTE BOUTS OF BRISK WALKING INTO YOUR DAILY ROUTINE



Number of minutes from car park to the centre of town based on moderate intensity level of walking.

## Car parks

- Adrian Road Car Park**  
1.2km Adrian Road, NR32 1SE **12**
- Alexandra Road Car Park**  
0.8km Alexandra Road, NR32 1RB **8**
- Belvedere Road Car Park**  
1.5km Belvedere Road, NR33 OPR **15**
- Britten Centre Multistorey**  
0.2km Surrey Street, NR32 1LJ **2**
- Christchurch Plain Car Park**  
1.2km Christchurch Plain, NR32 1PE **12**
- Clapham Road West Car Park**  
0.3km Clapham Road, West, NR32 1QR **3**
- Claremont Pier Car Park**  
2.0km Parade Road, NR33 OBS **20**
- Clifton Road Car Park**  
2.0km Clifton Road, NR33 OHF **20**
- Kirkley Cliff Car Park**  
2.5km Cliff Road, NR33 OBZ **25**
- Lowestoft Station Car Park**  
0.5km Denmark Road, NR32 2EG **5**
- Marks & Spencer Car Parking**  
0.5km 82 London Road North, NR32 1ET **5**
- Melbourne Road Car Park**  
2.3km Melbourne Road, NR32 1SX **23**
- Regent Road Car Park**  
0.7km Regent Road, NR32 1PA **7**
- Royal Green Car Park**  
0.8km The Esplanade, NR33 OAP **8**
- Royal Green Car Park**  
1.2km Marine Parade, NR33 OAY **12**
- St Margarets Plain**  
2.6km St Margarets Plain NR32 1JF **26**
- St Peters Street Car Park**  
1.0km St Peters Street, NR32 1QB **10**
- Tennyson Road East Car Park**  
1.0km Tennyson Road, NR32 1PS **10**
- Old Nelson Street Car Park**  
0.7km Old Nelson Street, NR32 1EQ **7**
- Whapload Road (Low Denes) Car Park**  
2.3km Whapload Road, NR32 1UL **23**

< 10 minutes walk  
 10 > minutes walk



BECAUSE THERE'S ONLY  
**ONE YOU**

