Claire Darwin
Psychology & Therapeutic Services

⇒ I am the Principal Educational Psychologist for Suffolk's Psychology & Therapeutic Services.

⇒ I enjoy the challenges and opportunities that I encounter daily in my role. I am also lucky to be able to work with inspiring and motivated colleagues in order to improve outcomes for the children, young people & families that we work with and for.

I am a very busy person and don't like being late or forgetting to do something. This means that I keep a lot of lists. I keep my electronic diary up to date and I will be wherever it reminds me to be! You can support me by giving me a gentle nudge if you think I need reminding of something.

Person Centred Planning Together

A resource to develop your Person Centred Planning skills
Colin Newton, Derek Wilson and Claire Darwin

Here are some examples of my recent involvement:

* Working across a range of services and educational settings to help embed person centred , inclusive psychological thinking into everyday practice. For example, working with educational settings from nurseries through to universities, Child & Adults Services, Youth Justice, Adoption, Corporate Parenting & Public Health.

* Promoting integrated, reflective practice, including the developing of resources such as the Analysis of Additional Needs Screening Tool (AANT) in order to identify a young person's strengths and difficulties as well as planning ways forward.

* Supporting people's emotional well-being and raising awareness of issues such as attachment, loss and the effect of trauma on young people.

* Working with colleagues in order to embed psychological informed frameworks and develop a high performance culture.

About me

Colleagues tell me that I am enthusiastic, caring, considerate and supportive, with a clear passion for supporting inclusive practice and innovating systems.

I love working with people who share my enthusiasm and vision for developing value based, lean and person centred ways of working.

I am inspired by being able to apply psychology across a range of contexts.

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