

Training & Workshops





In-Person Mini-PATH Training

What did we do?

- We delivered **in-person Mini-PATH training** to a team of professionals working with young people in care, from the same setting.
- We focused on **person-centred planning** and building the teams confidence to facilitate Mini-PATHs for future planning.
- The training included a **full-day practical session** followed by a **one-hour reflection** session to embed learning.
- We provided hands-on experience of the **PATH process**, including skills to **facilitate and create graphics** for Mini-PATHs.

What was the Impact?

- ✓ **Boosted team confidence** to run Mini-PATHs with young people, helping them feel ready and supported to plan for the future.
- ✓ **Gave staff flexible, person-centred skills** to support each child in a way that works best for them.
- ✓ **Created a hands-on learning space** through face-to-face training, showing how Mini-PATHs can be used in their everyday work.
- ✓ **Encouraged reflection and shared ideas**, helping staff feel confident to use the tools in a safe and supportive environment.

How will Mini-PATH be helpful in your setting?

Can use for all our YP.
Particularly useful for YP who are coming up to 16+; helps them think about their future and gives reassurances regarding moving on.

How will Mini-PATH be helpful in your setting?

We can use it to help us and the child communicate to each other in a more informal approach.

What key thing will you take away?

How I can adapt the plan by using other resources that will work better with each child

Did you find the training useful?

Extremely Useful

In what way was it useful?

The explanation of how to complete and make the Mini-PATH was really clear and concise. Good level of interaction and mix of doing the pathways ourselves and having it explained to us.

What key thing will you take away?

- Different mapping ideas – working with autistic YP – those who lack concentration.
- Making things easy to understand and get involved for all abilities.

The training is suitable for anyone who is directly supporting young people

...just get in touch: IF@suffolk.gov.uk

Competency Profiling Training

What is Competency Profiling?



Competency Profiling is part of **Three Session Change** (Sycol) which is a solution-oriented, strength-based approach, which encourages goal making, positive change, boosting self awareness and increasing self-esteem.



Why do we do it? What is the impact?

- Boosts self-awareness and increases self-esteem.
- A way to support young people to see their full potential.
- Helps young people to recognise the skills, gifts and virtues they bring to the world.
- Equips professionals who have already established rapport with young people to elicit their virtues.

What do people say about it?

"Gaining a better child voice by using the resources that were provided, which were clear and helpful".

"I word my report writing to be more solution-focused".

"I found it to be reflective."

"Helped identify a skill that the child could acknowledge and own and then for them to identify and to engage someone else in the celebrating of this skill...powerful stuff".

The training is suitable for anyone who is directly supporting young people
 ...just get in touch: IF@suffolk.gov.uk