

# Sensory Profiling

## What is Sensory Profiling?

We offer observation and discussion framed by the nationally recognised **Dunn Sensory Profiling Tool**. It involves parent/carer and/or school link response for clinicians and psychologists to provide score data. This informs a strengths-based approach to sensory assessment and planning.

Through discussions with the CYP and supporting adults that know them best, we augment the data to provide a detailed Sensory Profile. This interprets and describes: **seeking, registering, avoidant and sensitive behaviours** across the spectrum of missing or craving various sensory inputs to give personalised advice and ways in which their own sensory profile will impact school activities (for CYP of school age). This could include their need for particular support, awareness and attention, for example.

## What is the impact?

Our Sensory Profiles are used by educational settings / key adults to contextualise, understand and support CYPs' behaviours and communications. They offer new perspectives and guidance to supporting adults to help CYP become more self aware of their own emotional, behavioural and physiological states – encouraging self-regulation.

Sensory Profiles provide a range of suggestions for modulating activities which can be confidently supported by key adults through modelling strategies, routinely using key vocabulary in everyday conversations and noticing key states in a CYP.

## What do people say about it?

“It showed so much that we weren’t expecting ”

“It has helped us realise we were doing a lot right, we just needed to know why we were doing it”