

One Page Profiles

What do we use One Page Profiles for?

As part of our warm welcome, we send out our One Page Profile to prepare CYP before we begin our work with them. Our profiles include what we look like, a bit of information about ourselves and what is important to us.

We also work together with CYP to create their own One Page Profiles.

A One Page Profile gives CYP the space to show what, and who is important to them, what others like, love and appreciate about them, and their hopes and dreams for the future.



How can a One Page Profile help CYP?

- Ensures their voice is heard
- Provides a clear detailed plan of how to support the young person
- An effective communication tool for young people to share what is important to, and for them.
- The process of creating a OPP with a young person helps the individual and their family feel listened to.

What do people say about it?

“that’s me!”

“Its been so helpful, we don’t have to keep repeating ourselves”

“I liked seeing your pictures, it helped me to know what you were going to be like.”