

One Page Profile



One Page Profiles (OPPs) are a person-centred planning tool that can be used as a warm welcome, to prepare others to work with us. They can also provide a clear plan of support and act as an effective communication tool.

To support children or young people to:

- Ensure their voice is heard and to feel listened to.
- Have a clear detailed plan of support.
- Communicate what is important to and for them.

- The young person's voice is at the centre. Giving them space to show what and who is important to them, which can include their hopes for the future.
- Creates an achievable plan to help actions be achieved. Encouraging solution-focused next steps to move forward from difficult situations.
- A useful way to bring together all those supporting a young person, with an effective communication tool providing consistency in approach.

