



Olivia Ashford
Assistant Psychologist



Things that make me happy...

- Spending time with my family and friends.
- Going on walks with my dog.
- Listening to music.

My dog Teddy!

About me...

- People say I am helpful, calm, kind and good at listening!
- I provide support to help children and young people to feel happier at school.
- I help children and young people to think about what they enjoy, what they are good at and what they might find more difficult.

What we might do together...

- We may play games together or do some drawing together.
- We might have a chat about what is important to you.
- It's up to you if you want to work with me, you do not have to work with me if you do not want to! If you have any questions I will try my best to answer them.

What is important to me...

- Supporting children and young people to help them reach their fullest potential.
- Making sure that everybody feels listened to, seen and supported.
- Working with others and learning how to help people.

How to support me...

- I might find it helpful to write some notes so please don't be put off if I have a notebook.
- I might ask you questions to make sure I have understood what you are saying correctly.
- Letting me know if what I have done has been helpful, I always want to know if I could have done something better.