



Dr Kayleigh Skene, Educational Psychologist

You can contact me here:

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My areas of interest include...

- Helping children and young people develop confidence, wellbeing, resilience and independence
- Using play, creativity and participation to understand children's experiences and views
- Working collaboratively with families, schools and other professionals to create sustainable change
- Facilitating reflective supervision for school staff and other professionals
- Using narrative, solution-oriented, and personal construct approaches to understanding and supporting change



What matters to me?
Spending time outside in nature
Meaningful connection with friends and family
Opportunities to learn, reflect, and develop new ideas
Keeping organised as it helps me to work efficiently

How best to support me
I communicate best through writing as it gives me extra processing time
I appreciate constructive feedback to help me learn and develop
I think tea, chocolate and a nap make most challenges feel a little easier

Other people like that I am...
Easy to talk to and a good listener
Organised and reliable
Open-minded and supportive
Curious and reflective

