

BEFORE THE JAM

It may be useful to think about these questions:

- What do you enjoy doing? What are your favourite things?
- What are you good at? What do you find hard?
- What do you like about school? What would you change?
- What might you like to do in the future?
- Would you like to bring something to show, like a picture or work you're proud of?

NO REAL JAM!



WHAT IS A JAM?

A JAM is a meeting where people who know you, like parents and teachers, talk about what you're good at, what you find tricky and how to help.

An Educational Psychologist (EP) leads it. They help children learn and feel happy at school.

It's part of a plan to make school better for you.

JAM VIDEO



WHO WILL BE AT THE MEETING?

- Your parent or carer
- Your teacher or someone from school
- The Educational Psychologist (EP)
- Sometimes other grown-ups who help you

You can come if you want to, but you don't have to. If you don't come, the grown-ups will still talk about what you're great at and what you might need help with. We'll make sure there's another way for you to share your ideas.

Joint Assessment Meetings (JAMs)

CHILDREN AND
YOUNG PEOPLE
(CYP)



YOUR FEELINGS MATTER!

If you have any questions or worries, you can talk to your parent, teacher, or the EP. If you would like to share your views about the meeting, you can ask an adult to help you complete our short, anonymous [survey](#) about your experience with the EP, by scanning the QR code



WHAT HAPPENS AFTER THE MEETING?

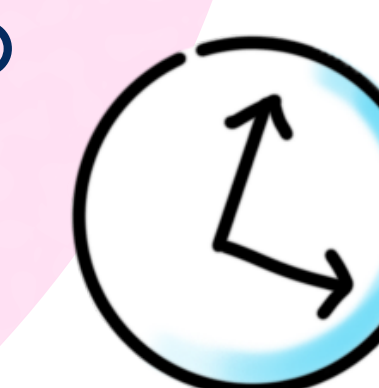
The EP will write down what everyone talked about and suggest some ideas that might help you at school. Your parents and teachers will get a copy of this.



WHAT HAPPENS IN THE MEETING?

The meeting is usually at your school, but sometimes it can be online. Everyone will talk together about your strengths, what you need help with, and how to support you.

Everyone will listen to each other and share ideas. The meeting usually lasts about two hours, but you don't have to stay for the whole time.



Remember: This meeting is all about helping you. Everyone wants to make school a good place for you to learn and feel happy!