

You have been offered an initial health assessment with the Children's Community Learning Disability and/or Autism Nursing Team – Behaviour Support

Who are we?

We are a specialised service, who work with families in their homes to meet the behavioural needs of children and young people with learning disabilities and/or Autism in Suffolk, we are a team made up of Nurses, Support Workers and Business Support Officers.

What is an initial health assessment appointment?

- A 60 -90 minute appointment with you.
- By video/ telephone call or in your home.
- A genogram (family tree) & consent forms will also be completed.
- The assessment will show what kind of help you and your child/young person needs.

How can you prepare for the assessment?

- Think about what concerns you would like help with or what you would like to achieve from working with us.
- You might like to write down some of your current worries and concerns.
- Have any reports/information readily available, list of medications, dates of diagnosis, list of professionals involved etc.
- Think about what your child/young person might say.

What support can you expect from the team?

- We will work collaboratively with you this means we will ask what outcomes you/child/young person wish to achieve.
- Direct support with your family which could include your child/young person.
- We will agree an 'up to number' of sessions with you within your care plan. This will be regularly reviewed.
- Sessions can take place at home/school/wider community/short break services or as group work.

What happens to your child's information?

We will explain what confidentiality means and how your child/young person's information is used before you share anything with us.



How can you get in touch?

East base

Allington Clinic
427 Woodbridge Road
Ipswich IP4 4ER
Tel: 01473 264801

West base

Child Health Centre
Hospital Rd
Bury St Edmunds IP33 3ND
Tel: 01284 741777

Or by email LDNursingTeam@suffolk.gov.uk

Our webpage [please click here for information on the services we provide](#)