

What does your child need to learn about sex? A checklist for parents and carers’

This form has been given to you to complete on behalf of your child to help us determine which areas of sex and relationships education would be beneficial to them. Please tick any boxes that you feel would be important to cover and then prioritise those topics into the top 3 areas you would like to work on first.

 Personal hygiene

 Making choices

 Appropriate behaviour e.g. how to greet people

 Understanding the difference between public and private

 Learning to say ‘no’

 Rejecting unwanted approaches

 Recognising and naming feelings

 Names of body parts

 Differences between male and female bodies

 Learning about periods and sanitary pads

 Learning about wet dreams

 Learning about masturbation

 How the body works (sexually)

 Learning about relationships

 Sexual activity

 Contraception

 Sexually transmitted infections

 Dealing with prejudice

 Other (please state ………………………………………………………………………..)

Name of Young Person: DOB:

Name of person completing this form:

Relationship to young person: Date completed: