

## Planning Alternative Tomorrows with Hope



A PATH is a person-centred planning tool that creates a shared vision of a positive future for the person, with those who are important to them and who can support them.

Your virtual PATH session will be delivered on Microsoft Teams facilitated by a process facilitator. They will guide everyone through the stages and ensure that the young person's views are front and centre. A graphic facilitator will create a digital visual record of the process, displayed on the screen during the process.



## How does it work?

- 1. **An Initial Meeting** an Inclusion Facilitator (IF) will arrange a video call with the focus person to explain the PATH process and find out if they are happy to have a virtual PATH. The IF will also check the following:
  - Is the focus person in the right place to have a PATH, are they ready to be thinking about the future?
  - Is the focus person and key adult able to access Microsoft Teams on a laptop/large enough screen?
  - Is the focus person able to stay engaged for the length of the PATH? (One and a half hours)
  - Can we gather information from everyone the focus person would like to ask?



2. **Gathering the Views** – the Inclusion Facilitator will contact the important people that the focus person would like to contribute to their PATH. They will gather their thoughts, hope and dreams for the focus person's future and record offers of how they can help the focus person over the next few weeks and months.

For more information about how we work please contact: IF@suffolk.gov.uk



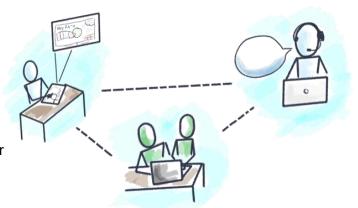
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Sharing Ordinary Places

 The Virtual PATH process – the Inclusion Facilitator will arrange the meeting on Microsoft Teams and invite the focus person and their key adult. This session will be about an hour and a half and will look like this:



There will be two Inclusion Facilitators (IF) waiting to welcome you in the Microsoft Teams call with their videos turned on and you will see the outline drawing of the PATH on the screen ready to be made full and colourful.

The process facilitator will guide everyone through the process, asking the focus person about their hopes and dreams first. Then they will ask the key adult to contribute before bringing in the views of those who had been asked before the session.



The graphic facilitator will capture all that is shared on the digital drawing, always checking back with the focus person before doing so.

There will be a break halfway through the session and the process can be paused at any point if needed.

At the end of the session a digital copy of the PATH will be sent to the focus person and a record of the PATH will be shared with all involved.



An IF will get in touch with the key adult later in the month to **keep the momentum** of the PATH actions and to see if any changes have happened for the focus person.



