



Planning Alternative Tomorrows with Hope

A Virtual Mini PATH

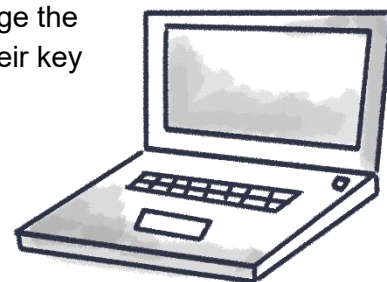
A PATH is a person centred planning tool that creates a shared vision of a positive future for the person, with those who are important to them and who can support them.

The virtual mini PATH will be delivered on Microsoft Teams facilitated by an Inclusion Facilitator. This is normally over three sessions where the IF will guide the focus person through the process, capturing their hopes and dreams on a digital graphic that is on the screen throughout the process.



How does it work?

1. **An Initial Meeting** – an Inclusion Facilitator (IF) will arrange a video call with the focus person to explain the PATH process and find out if they are happy to have a virtual mini PATH. The IF will also check the following:
 - Is the focus person in the right place to have a PATH, are they ready to be thinking about the future?
 - Are the focus person and key adult able to access Microsoft Teams on a laptop/large enough screen?
2. **Gathering the Views** –The IF will gather the thoughts, hopes and dreams for the focus person's future from those that the young person would like to contribute and record offers of how they can help the focus person over the next few weeks and months.
3. **The Virtual PATH process** – the Inclusion Facilitator will arrange the meeting on Microsoft Teams and invite the focus person and their key adult. Each session will last about half an hour.





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Choice and Control

Sharing Ordinary Places

Being Someone

Contribution

Belonging



There will be an Inclusion Facilitator (IF) waiting to welcome you in the Microsoft Teams call with their video turned on and the outline drawing graphic of the PATH on the screen ready to be made full and colourful.



The IF will guide us through the PATH, asking the focus person about their hopes and dreams first. Then they will ask the key adult to contribute before bringing in the views of those who had been asked before the session.



The IF will capture all that is shared on the digital drawing, always checking back with the focus person before doing so.



At the end of the session a digital copy of the PATH will be sent to the focus person and a record of the PATH will be shared with all involved.



An IF will get in touch with the key adult later in the month to keep the momentum of the PATH actions and to see if any changes have happened for the focus person.

