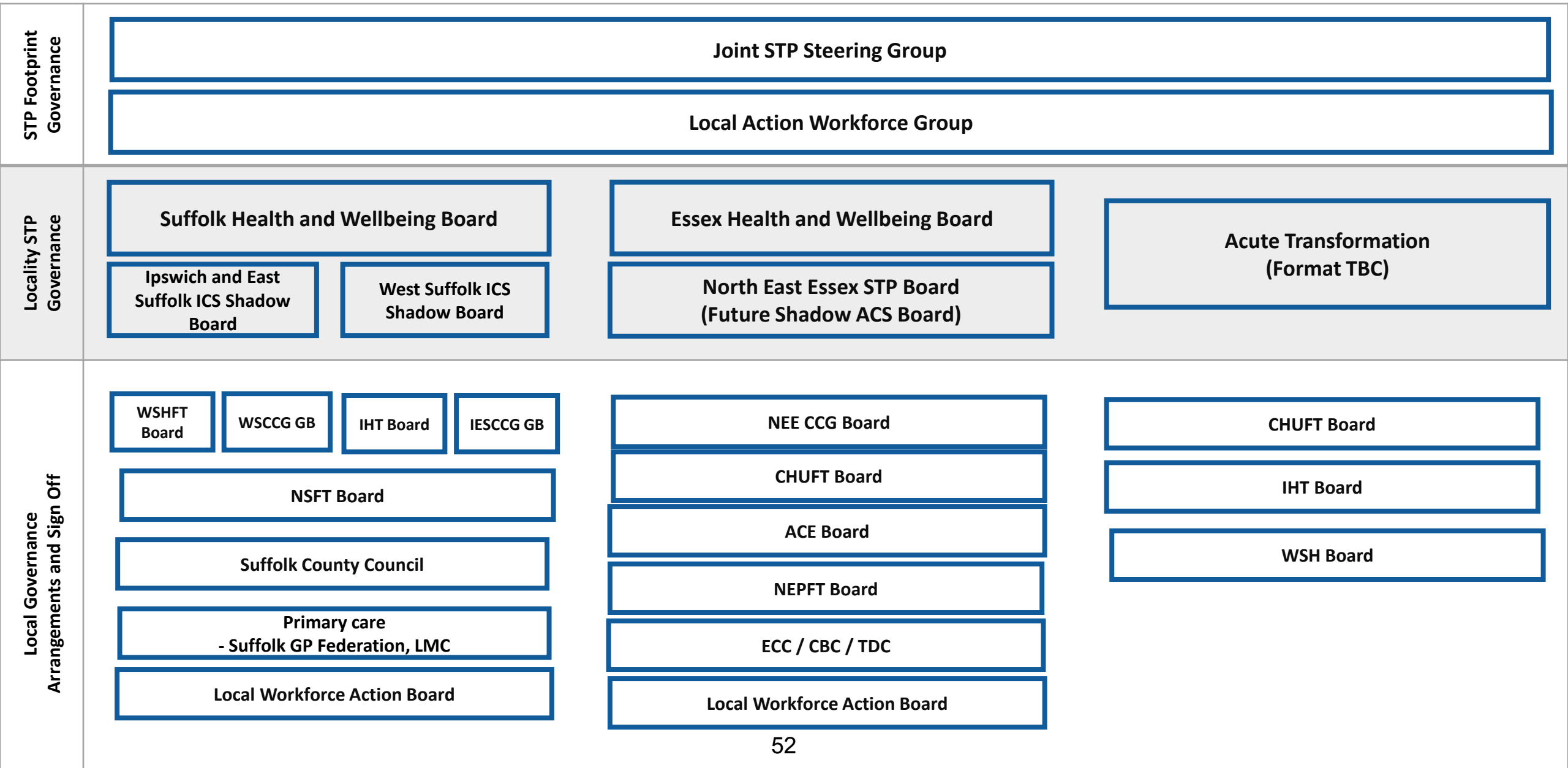


# Sustainability and Transformation Plan Update

Karen Tew  
18/4/2016

# Overarching STP Governance



# Vision and Transformation Programmes

**“Our vision is that people in Suffolk live healthier, happier lives”  
(adopting the Health and Wellbeing Strategy vision)**

**It is accepted that Suffolk cannot meet the challenges it faces and deliver this vision over the next five years through continued incremental change. In addition, no single partner or locality can deliver the scale of transformation proposed on its own. Our transformation must be comprehensive through covering all aspects of health and care to our local population.**

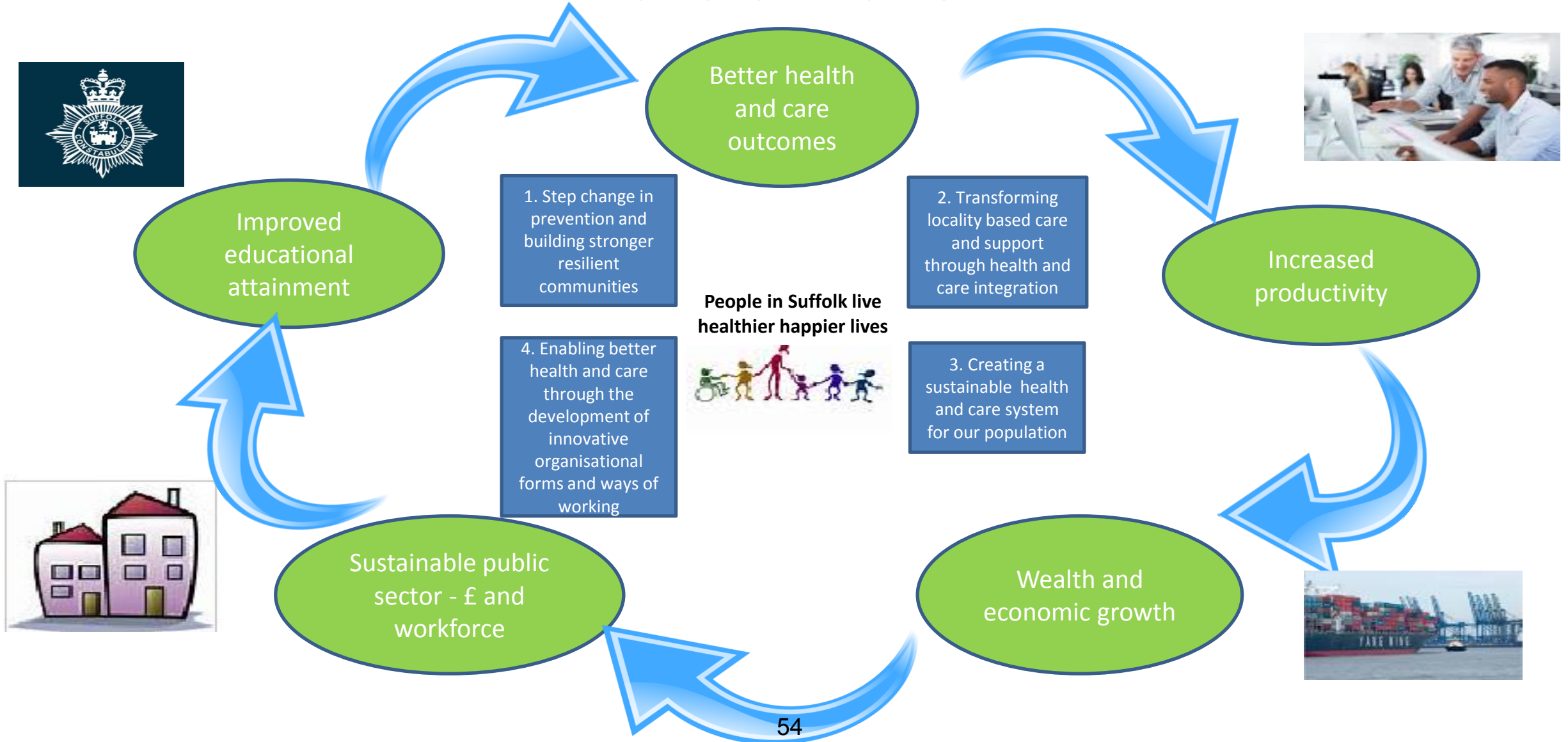
We believe that our vision will be achieved through four interlinked programmes of transformation:

1. A step change in prevention and the building of safer, stronger, resilient communities
2. Transforming locality based care and support through health, care and other services integration
3. Ensuring that our hospitals, mental health, community, social and primary care providers and commissioners are sustainable financially and continue to provide high quality care

Our fourth programme underpins the delivery of the other three programmes:

4. Enabling better health and care through the development of innovative new models of care and ways of working

# The link to devolution and wider public sector transformation



# The relationship between devolution and public services



# 1. A step change in prevention and the building of safer, stronger, resilient communities

By upgrading prevention and self-care and building safer, stronger, resilient communities we are proposing to radically change the way people view and use public services, creating a new relationship between people and public services. This will be done through four key developments:

1. Enable people to take responsibility and manage their own health and wellbeing including through the use of technology.
2. Develop a range of networks utilising the collective assets of the private, voluntary and community sector and embedded in our localities to support people.
3. Significantly increase earlier intervention to prevent mental and physical ill health and identify the 'missing thousands'
4. Support children and young people to have the best possible start in life through implementing our Families 2020 Strategy
5. Working across Suffolk to ensure that Suffolk has an adequate supply of suitably located, well designed, supported accommodation for those in need.

**The above will be delivered through:** Prevention Strategy (and linked strategies), Families 2020 Strategy, Health and Housing Charter, Supporting Lives, Connecting Communities Programme, plans to deliver the cross cutting theme of the Strong, Resilient Communities strand of the HWB Strategy and any plans which emerge from the Safer and Stronger Communities Group, Families and Communities Strategy (West Suffolk), Enabling Communities Strategy (East Suffolk), Poverty Strategy for Suffolk, Volunteering Strategy for Suffolk, Carers Strategy, Marginalised Vulnerable Adults work and elements of LD and MH Strategies related to prevention and dementia diagnosis and care market development

**Produced at:** Pan-Suffolk level with local implementation across two ICS areas

**Programme Outcomes:** TBC

## 2. Transforming locality based care and support through health, care and other service integration

Aim is to integrate health, care and other services within each locality across Suffolk so as to enable people to stay well at home through four key developments:

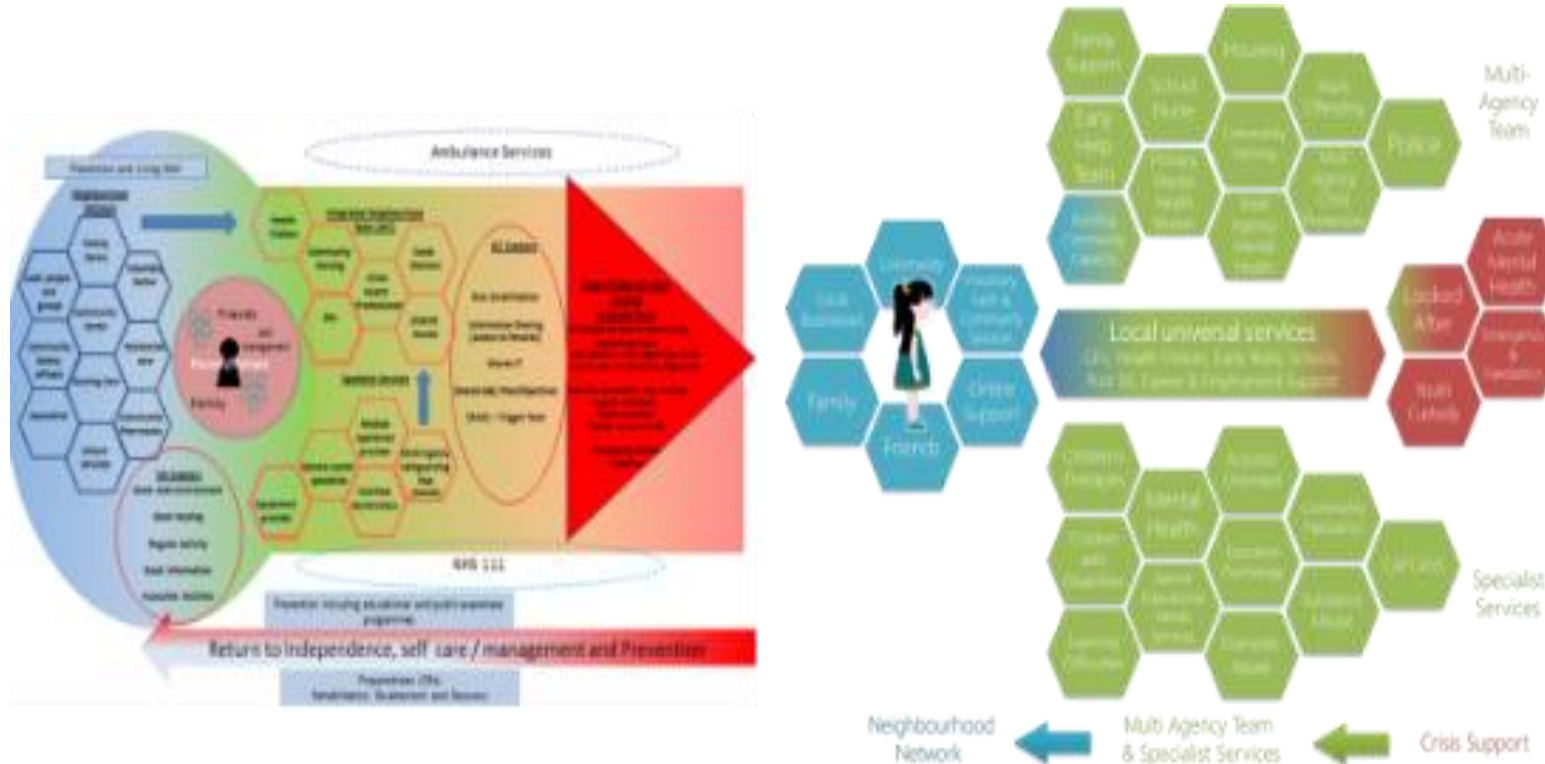
1. Bring together the physical and mental health and care workforce, such as GPs, social workers and district nurses, in to integrated neighbourhood teams working together to risk stratify, assess, plan and target coordinated services so that people's health and care needs are proactively met
2. Developing and delivering sustainable primary and community care at scale
3. Create coordinated access arrangements for urgent, emergency and planned health and care services operating 24/7
4. Develop 24/7 integrated health and care reactive responses to enable people to stay at home and to leave hospital at the earliest opportunity with rehabilitation, recovery and end of life support as appropriate

**The above will be delivered through:** *Health and Care Review, Connect Programme, Primary Care Strategy(ies), Local Policing Review, Community Services transformation (related to 1+1 contracts), EOL Framework, Rehab and Recovery/Discharge to Assess, Supporting Lives, Connecting Communities and Planned Care Demand Management.*

**Produced at:** Pan-Suffolk level with local implementation across two ICS areas

**Programme Outcomes:** TBC

## 2. Transforming locality based care and support through health and care integration



### Health and Care Review Outcomes

- ✓ People manage their own health and social care with the right support when needed
- ✓ Communities are easy and supportive places to live with a health or care need
- ✓ The health and care system is coordinated and effective
- ✓ Higher cost interventions are replaced where possible with lower cost interventions



### 3. Ensuring that our hospitals, mental health, community, social and primary care providers and commissioners are sustainable financially and continue to provide high quality care

Aim is to ensure that our population is served by sustainable health and care system:

1. Management of demand and activity
2. Reducing variation in outcomes quality and safety
3. Emerging acute hospital transformation programme focussing on opportunities for collaboration across providers and the health and care system as a whole
4. Joint clinical transformation groups driving outcomes focussed transformation
5. Sustainable primary care including opportunities for practices to work together
6. Sustainable care home and domiciliary care market

**The above will be delivered through:** Specialist Commissioned Services, all Acutes (including NSFT) Carter Review, Planned Care Demand Management Programmes, Seven Day Working, Cancer Taskforce Report, Maternity Taskforce Report, acute sustainability programmes, Primary Care strategy, Strategic market review of care homes and domiciliary care market.

**Programme Outcomes:** TBC

# 4. Enabling better health and care through the development of new models of care, innovative organisational forms and ways of working

Aim is to radically change the way in which health and care services are both commissioned and provided through five key developments:

1. Develop two integrated care systems (West Suffolk and Ipswich and East Suffolk) as vehicles for the transformational change needed
2. Radically change the way in which health and care is designed, by adopting a more collaborative approach between commissioners and providers. This will include integrated commissioning arrangements across health and care and developing innovative capitated, outcomes-based models
3. Develop and deliver innovative shared information and intelligence solutions to support improvement in health and care as set out in the Digital Roadmap
4. Create a One Public Estate across Suffolk utilising public sector property assets as a single resource and key enabler for change
5. Develop an efficient, integrated and flexible workforce which is focussed on the holistic needs of the individual rather than organisations
6. Use public engagement, co-production and activation to underpin system transformation
7. Develop, test and implement new ideas to address the health needs of the local population through drawing on the collective expertise of all partners from health and social care providers, academia and industry collaborators

**Programme Outcomes:** *TBC*