

# Summary of Keys and Dimensions of Inclusion

## Supporting Participation and Inclusion A Person Centred Approach

Person centred work is guided by the following core beliefs and values:

- Everyone has a contribution to make; Person centred working is about discovering what this contribution is and where in the world it is needed.
- The person is at the centre of any plans or processes that concern them and they have control over what is (and isn't) decided.
- Those who love and care for the person at the centre of this work are the key players in planning for the future – professionals can provide advice, knowledge and support.
- Person centredness is action for inclusion – it works against low expectations, labelling, separation and lack of access to ordinary community life.
- This is not quick and easy work that uses uniform techniques to produce predictable outcomes – person centred working is done 'one person at a time'.
- The focus of person centred working is universal needs rather than clinical or special needs.
- Listening and discovery are at the centre of this work, along with a commitment to action once it is clear what a good life could look like for the person.



### Dimensions of Inclusion / Universal Needs

- Being someone
- Belonging
- Contributing
- Having choice and control
- Sharing ordinary places



### Keys to Inclusion

- **The importance of WELCOME**
- Inclusion is also about adults' learning
- Taking the **Long View**
- **Giftedness** as a new way of thinking about disability and difference
- The Intentional Building of **Relationships**
- **Not doing it alone:** The importance of teams in developing inclusive practice/working together/co-production