

## What do we offer?

We can offer observation and discussion framed by the nationally recognised Dunn Sensory Profiling Tool. This can include a School Companion, a Parent/Carer



response, and spans any age from infant to adult. It is used by clinicians and psychologists to provide score data which informs a strengths-based approach to sensory assessment and planning.

## How does it work?

Augmenting the data with discussions with the young person and those who know them best, enables us to provide a detailed Sensory Profile. This describes and interprets seeking, avoidant, sensitive and registering behaviours (across the spectrum of missing or craving sensory inputs); examining these within each sensory channel to give nuance and more personalised advice; and, for those CYP of school age, additional information on the particular ways that this sensory profile will impact on school activities: for example their need for particular types of support, awareness and attention).

## What is the impact?

Typically, our Sensory Profiles are then used by educational settings and key adults to help understand, contextualise and support a CYP's behaviours and communications. They open up new perspectives and guide supporting adults to help CYP become more self-aware of their emotional, behavioural and physiological states. The CYP are helped to tune in to their own sensory inputs and to begin to modify their responses and to self-regulate. The Sensory Profile gives a range of suggestions for modulating activities, which adults can support with confidence, through modelling strategies of calming or arousal, and by being very explicit about noticing emotional and physiological states: making such vocabulary part of everyday conversations. This impacts on the CYP's ability to focus, to tolerate their environment and to interact.

