



**Do you play a key role in the lives of children, young people and their families?**



**1. Learn how to Graphic Facilitate**

**2. Learn how to facilitate:**

PATH (*Planning Alternative Tomorrows with Hope*)

MAP (*Making Action Plans*)

Chairing Person Centred Meetings

One Person Profiles and Plans

**3. Have the skills to use PATH in your team and embed the practice**

***“...through a supported programme of training that will embed person centred planning within your team...”***

The Psychology and Therapeutic Services are excited to be able to offer Person Centred Planning training to services and teams across Suffolk. These tools will help you to work using a person centred approach to improve the futures of the children, young people and families that you work with.

Background:

Person Centred Planning tools and processes are focused on the person and planning for their future in an accessible way. This way of working is driven by ‘capacity thinking’ where the underlying goal of Person Centred Planning is inclusion.



## Person Centred Planning - Training for Teams

The benefits:

Using Person Centred Planning approaches means having planning tools which fit within legislation focused on long-term outcomes, planning and provision (Children and Families Act 2014; Care Act 2014; SEND Code of Practice, 2015)

Who is it for:

- Services and Teams who would like to use Person Centred Planning within their work with children, young people and their families. The guiding beliefs and values to undertaking person centred work includes;
- knowing that those who love and care for the person at the centre of this work are the key players in planning for the future
- understanding that listening and discovery are at the centre of this work
- knowing everyone has a contribution to make
- the person is at the centre of any plans or processes that concern them and they have control over what is (and isn't) decided
- person centredness is action for inclusion – it works against low expectations, labelling, separation and lack of access to ordinary community life
- it is not quick and easy work that uses uniform techniques to produce predictable outcomes – person centred working is done 'one person at a time'
- there is a focus on universal ordinary needs rather than clinical or special needs

Those who wish to be trained in Person Centred Planning will require allocated time to practice their skills through careful and repeated practice as part of any training package. It is necessary to have two team members of a team or service for training in PATH and MAP, to allow them to support each other to practice Graphic and Process Facilitation skills.

*For more information about how we could work with you please contact:  
IF@suffolk.gov.uk*