

Kayleigh Skene

TRAINEE EDUCATIONAL
PSYCHOLOGIST

I am in my second year of training to be an Educational Psychologist at the University of East Anglia and am currently on placement in Lowestoft with Suffolk's Educational Psychology Service.

Before training, I was a research assistant in Cambridge exploring how children can learn and develop through playing. I've also worked in Suffolk primary schools as a teaching assistant, pupil mentor, and safeguard lead.

You can contact me here:

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Other people like that I am...

- ~easy to talk to and a good listener
- ~organised and reliable
- ~consistently hard working
- ~open-minded and supportive
- ~calm-natured

What is important to me?

- ~Keeping organised as it helps me to work efficiently
- ~Having time to talk to and learn from others to develop my own practice
- ~Spending time with my mum and sister
- ~Looking after myself with exercise and making time to relax (normally cross-stitching)



My areas of interest include...

play-based learning, video-interactive guidance, psychodynamic principles, person-centered, solution-oriented, and narrative practices

How best to support me

- ~I communicate better in writing as it allows me processing time
- ~I appreciate constructive feedback to help me learn and develop
- ~I value being organised and ask lots of questions
- ~I find tea and chocolate solves most problems