

Jodie Young

Inclusion Facilitator BA(Hons)



About me

I have a particular interest in play therapy approaches and enjoy sensory play based techniques to support children with their emotional and social needs. I have worked in educational settings and achieved a degree in Early Years practice as a mature student.



My interests and what I enjoy doing...

- Joining in with sporty games with my family, especially football!
- I love to cook and bake and then eat everything I have made!
- Travelling and exploring new places
- Laughing with friends
- Reading and dancing with my children

What is important to me as an Inclusion Facilitator

- Supporting children to develop in confidence, contribute to improving social skills and raising self esteem.
- Make each young person feel valued, by offering choice and control, and being person centered.
- Building positive connections and trusting relationships with young people.

Things that I find helpful and how best to support me

- I like to ask questions, which helps me develop a clearer understanding, so please be patient with me.
- I like to be organised in all areas, so please give me all the information I need to build a bigger picture.
- I like to take part in additional training to support me in developing in my

What people like about me.....

- Open, warm, and friendly
- Have a positive approach in all the work I do
- Interested in finding out new information and applying it to my work.



If you need to contact me please use the following details:



E: Jodie.young@suffolk.gov.uk M: 07563252094