## Dr Georgi Turner

## Educational & Child Psychologist



#### About me

I am an Educational and Child
Psychologist working in the Lowestoft
area. I work with schools using
consultation, and I work directly with
children, young people and families. I
also currently work with the Youth
Justice Team in Lowestoft. I spend a lot
of time supervising and supporting
professionals who work with families,
children and young people.

#### What is important to me?

Outside of work, my friends, family are important to me. I love being active, and I spend a lot of time doing CrossFit and walking. I love being out in nature and exploring new places.

At work, I value making a positive difference to children and young people, supporting them to recognise their strengths and to be able to more of what they care about. I also love being part of a team and working collaboratively with others.

#### How I like to work?

I am passionate about supporting children and young people's mental health and wellbeing.

I like to work in a way that is personcentred, strengths-based and solution-focused, to support children and young people to figure out what is important to them and to do more of that.

I draw on Acceptance and Commitment Therapy (ACT) and Cognitive Behavioural Therapy (CBT) approaches in my work. I am interested in whole-school approaches to wellbeing, and I enjoy working creatively with schools to develop new ways of working.

# What people like and admire about me

People say I am friendly, reliable, funny, supportive, good at listening and a good team player. People also say I am eager to learn new things and hardworking.

### Things that I find helpful

I ask a lot of questions in order to understand, so please be patient with me. I am often out and about, so email is best if you need to contact me.

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