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| The Suffolk Public Mental Health programme is inviting applications for funding from VCSEs and public bodies to deliver interventions that support and deliver outcomes on one or more of the following priorities that support the Memorialisation of Covid across Suffolk:  * Supporting recovery groups- projects and activities that strengthen resilience and support recovery from the experiences and life changing events that happened to our communities during COVID. * Outdoor spaces and planting- projects and activities that develop and sustain green spaces and woodland within our communities. Supporting emotional wellbeing and recovery through nature and enabling access to safe and nurturing outdoor spaces. * Events and commemoration-coming together as a community to mark and acknowledge the collective experience of the pandemic, lockdowns, local response, and loss. To enable those who have been bereaved to be comforted and memorialise those who we lost and may have been unable to grieve for at the time of their passing.   This will support work taking place nationally which aims to remember the loved ones who perished, honour the heroism of those who have saved lives and the courage of frontline workers who have kept our country going, celebrate the genius of those who created the vaccines, and commemorate the small acts of kindness and the daily sacrifice of millions who stayed at home.  Projects must align with the 12 Public Mental Health programme principles detailed here: |
| 1. *Focus on strengthening factors that promote wellbeing in Suffolk, incorporating action across public health and wider organisational strategies and plans.*​ |
| Lots of factors shape our mental health, such as our personal history (our family, relationships and how we see ourselves) and our social circumstances (including our housing, employment, and education).  As individuals, to stay mentally well, we need Food and Drink, Sleep, Movement, Attention, Community, Emotional Connection, Security, Control, Privacy, Status, Achievement and Meaning and Purpose. |
| 1. *Act as a catalyst to increase collective understanding and bring about longer-term cultural change, which will in turn normalise and lessen the stigma associated with mental health issues.* |
| We know that the sooner someone receives support when they are struggling with their mental health, the more likely it is they will recover. Early intervention can reduce a person’s symptoms and make it less likely that they will need more intensive intervention at a later stage.  We welcome projects that aim at increasing the understanding of mental health and wellbeing in the community and reducing stigma. |
| 1. *Be theory driven and informed by a clear logic model/evidence​* |
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| 1. *Include a response to the collective trauma experienced by residents over the last two years.* |
| We welcome project ideas that will support the emotional wellbeing of residents and will reduce the impact of COVID 19. For example, during and after the pandemic, people experienced feelings of isolation, anxiety, and helplessness. |
| 1. *Expand and strengthen local assets, including building capacity and capability across workforces to promote good mental health.* |
| We welcomeproposals that will contribute positively to the community, expand and strengthen local assets (volunteers, local groups, buildings, etc) and build capacity and capability to promote good mental health. |
| 1. *Take proportionate action across the life course that balances population-wide mental health promotion with targeted support where need is greatest​.* |
| We welcomeproposals that would benefit population groups that need intervention the most. Examples of these groups include children and young people, minority groups, LGBTQ+ community, people experiencing isolation, poverty, or addictions. |
| 1. *Outline how interventions can be sustained in the longer term​* |
| We welcome proposals that are sustainable long term. |
| 1. Draw on people’s experiences to identify solutions that are acceptable to residents and promote equality |
| We welcome project ideas that have used co-production to identify solutions. |
| 1. Aim to understand barriers and enablers for change to engage and steer local system leaders from multiple disciplines​. |
| We welcome proposals that show a clear understanding of local barriers and ways to overcome them and strive to work with partners. |
| 1. Be deliverable within the stipulated time frame |
| All/most of the project delivery should be within the 22/23 financial year. |
| 1. Utilise lever match funding and grants​ |
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| 1. Measure Wellbeing to support delivery and evaluate effectiveness |

The deadline for submissions is 5pm on **Monday 31st October 2022**

Following the deadline applications will be reviewed through the Public Mental Health programme processes and results emailed through to applicants.

For further information please contact the team at [publicmentalhealth@suffolk.gov.uk](mailto:publicmentalhealth@suffolk.gov.uk) or visit our page at [www.suffolk.gov.uk/public-mental-health-fund](http://www.suffolk.gov.uk/public-mental-health-fund)

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| **SCC Public Mental Health Grant Fund Application Form** | |
| **Submission date:** |  |
| **Project name:** |  |
| **Name of organisation applying:** |  |
| **Organisation address:** |  |
| **Name of primary contact:** |  |
| **Contact details:** | **Email address:**  **Telephone number:**  **Website:** |
| **Organisation’s legal structure:**  (tick one) | |  |  | | --- | --- | | Voluntary and community organisation |  | | Constituted group or club |  | | Registered charity |  | | Charitable incorporated organisation (CIO) |  | | Not-for-profit company |  | | Community interest company (CIC) |  | | School, College, University |  | | Statutory body (including local authorities, town, parish and community council) |  | | Community benefit society |  | | Trust |  | |
| **Governing documents** | Do you have a constitution/governing document/Articles of Association/set of rules?   |  |  |  |  | | --- | --- | --- | --- | | Yes |  | No |  |   (If yes please include a copy of your governing documents with your application form)  Do you have a management committee with a minimum of three independent members?   |  |  |  |  | | --- | --- | --- | --- | | Yes |  | No |  | |
| **Accounts** | Please provide a copy of your most recent end-of-year accounts. If these are more than 6 months old, you must also provide a copy of your current management accounts. These should show:   * Your organisation’s income and expenditure * Your organisation’s unrestricted (or free) reserves |
| **Bank account** | Do you have a bank account in the organisation’s name which requires at least two signatories for all transactions?   |  |  |  |  | | --- | --- | --- | --- | | Yes |  | No |  |   Are all signatories unrelated and live at different addresses?   |  |  |  |  | | --- | --- | --- | --- | | Yes |  | No |  | |
| **Location of activity** | Please indicate the geographic coverage of your activity |
| **What polices does you organisation have?** | For example: Safeguarding, Insurance, Health and Safety, Equal Opportunities, etc. |
| **Subgroup- Please let us know which subgroup you wish to consider your application** | |  |  | | --- | --- | | Workplace |  | | COVID Memorialisation |  | |
| **What issue will your project address? (max. 500 words)** | What is the issue?  Who does it affect?  How does it affect them?  Why does it affect them?  (provide data/evidence to support your answer).  How does your proposal align to the ‘Public Mental Health Principles’?  How does it incorporate action across Public Health and wider organisational strategies and plans? |
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| **What is your project proposing to do? (max. 500 words)** | Explain the service/activity you want grant funding for.  Have you used co-production to develop your project/activity?  What are the barriers experienced locally?  How is the proposal responsive to collective trauma experienced over the last two years? |
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| **Why is your organisation applying? (max. 200 words)** | Why is your organisation/partnership best placed to address this issue (experience, expertise, reach, location, contacts)?  Will other organisations be involved in delivering the project? If so, who? What will they do? |
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| **What will success look like? (max. 500 words)** | How many people will benefit?  What change will your project/activity create?  How will you measure wellbeing in order to support delivery and evaluate effectiveness?  How will it increase the collective understanding of Mental Health and Wellbeing?  How will it reduce the stigma associated with mental health issues? |
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| **What will the project cost?** | How much money do you need to deliver your project?  Provide a breakdown of the costs below.  Will any additional match funding or grants be used? |
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| **Can the project/activity be sustained once this grant funding has ended? (max. 250 words)** | If yes, please tell us how.  If no, how will the learning be applied in future? |
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| **What are the key project milestones?** | Identify the key dates for the delivery of the project – including start date and completion date. |
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| **Have you applied to any of the other Public Mental Health Sub-groups?** | If so, which one(s)? |
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