

Planned Supported Breaks



What do we mean by **Planned Supported Breaks?**



They provide a short term supported break for people, often called respite.

This booklet explains:



**What you
have told us**



**What are the
proposals**



**What this would
mean for you**

Planned Supported Breaks

What you have told us

Services around
me



Planned supported breaks need to be more flexible and offer greater choice. This means:



Being able to book Planned Supported Breaks in advance and at short notice.



More flexibility, sometimes including just evenings – not always overnight.



Having fun and developing new skills.

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What you have told us



Cancelling 'unsecure' planned breaks can make family life difficult, especially when arranging a supported break can take a lot of time.



'Unsecure' bookings are ones that families are not guaranteed, if someone with an urgent need requires the place instead.



We also heard that many people enjoy and value what they currently do. Some people who value their current service were concerned about change.



People asked us to make sure that the approach we take works both for people who are more able and for the most complex needs.

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What are the consultation proposals?



Planned and urgent respite are currently provided in the same building.



We are proposing to change this, so that Urgent Respite and Planned Supported Breaks are separate services.



We are planning to use The Bungalow in Kesgrave as an Urgent Respite service. Please see the '**Urgent Respite Booklet**' for more information.



People who are eligible for social care and have a personal budget would be able to choose planned supported breaks and other activities from all the providers on our Framework.

Planned Supported Breaks

What are the consultation proposals?



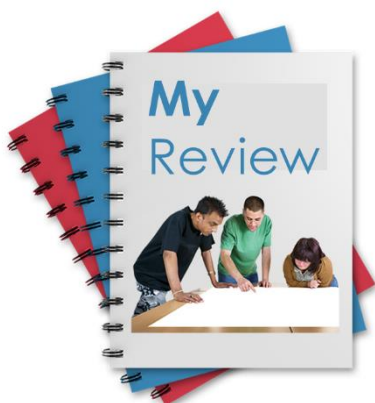
We would be inviting Planned Supported Break providers to apply to be included on a list we call a Framework.



Please see the '**Day, Evening and Weekend Activities**' booklet for more information.

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What this would mean for you



Everyone who uses Planned Supported Breaks would be offered a review with a social work practitioner to look at the:



Skills you want to develop.



Goals you want to achieve.



Things you want to do.

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What this would mean for you



As part of the process you would agree a personal budget and work with a social work practitioner to agree how you spend it.



Your agreed personal budget would replace your allocation of nights.



Working with a social worker practitioner you would choose how to spend your personal budget.



You could choose to spend your personal budget with providers on our new Framework.

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What this would mean for you



You may be able to choose to continue with your current provider if:



They successfully applied to be included on the framework,

and



You had a personal budget large enough to cover the cost,

and



The service would meet your assessed needs.

Planned Supported Breaks

What this would mean for you



The new Urgent Respite service would mean fewer planned supported breaks would need to be cancelled.



If you currently use The Bungalow for a Planned Supported Break a social work practitioner would support you to find an alternative break.



**This booklet was translated into Easy-Read by Ace Anglia,
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