



Discover Your Future 2021

VIRTUAL WORK INSPIRATION FOR SUFFOLK April – July 2021

Discover Your Future 2021 is an exciting opportunity for employers, employees, Apprentices, and the self-employed to provide young people in Suffolk with an insight into their organisation, its operations, and their sector.

The programme allows students to have meaningful and informative virtual experiences to help raise aspirations, equip them with 21st century skills and broaden their understanding of the local jobs market and pathways.

The programme offers employers, employees and the self-employed a flexible approach to engaging in careers education. A range of staff can support the programme – from senior staff to graduates, apprentices, interns and Kickstart placements - enabling employees to develop their confidence and communication skills and make a valuable contribution to their own skills and CPD.

We will offer support and training to use the virtual platforms, as well as materials to facilitate your session.

All you need to bring is your own experience.

Thank you for taking part.







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Programme Summary

SCHOOLS TAKING PART:

- Stowmarket High School Mainstream school. Approximately 130 students in Year 10 (age 14/15) | Groups around 20 students in each supported by a teacher.
 - VWIS Host Tiffany Evripidou <u>t.evripidou2@uos.ac.uk</u>
- Sybil Andrews- Mainstream school, Bury St Edmunds. Approximately 130 students in Year 10 (age 14/15) | Groups around 20 students in each supported by a teacher.
 - o VWIS Host- Jacqui Phipps jacqui.phipps@suffolk.gov.uk
- Stone Lodge Special School, Ipswich. Students have moderate learning difficulties. Year 11 and Year 10 - approximately 30 students. Groups will be around 10 students supported by a teacher or learning support assistant.
 - VWIS Host Josie Finch josie.finch@newanglia.co.uk

Introduction for Students video

Introduction to the programme video

Speakers For Schools (SfS) – <u>using Google Classroom video</u>

Key Information:

You must use your **vwex** Google account to log onto the classroom. This will be sent to you by Speakers for Schools. This will give you access to the session and the lesson plans and slides.

Session Format	Up to an hour 20 students
KEYNOTE SPEAKER (10 -20 mins)	All sessions will be preceded by a 10-20 minute keynote speaker that introduces the theme. Please watch it if possible. Links are in the themes' information below.
Using Google classroom:	The session will be accompanied by a teacher. There may be more than one facilitator from different organisations or roles. Lesson plan and PPT with main points will be provided on the SfS portal.
Interaction with students	
REGISTRATION	Teacher may take registration at start of session and mute the microphone and video
AIMS: 5 mins	See the Aims for each theme below







ICEBREAKER: 5 -10 mins	See each lesson plan	
15-20 min for your	 PowerPoint / pictures / video / infographic / quiz – or just talk! 	
personal content	 Each theme has suggestions of areas to cover 	
25 mins – activity from lesson plan	Followed by activities facilitated by you.Interaction with students	
 Summary – Key messages Direct them to an extension activity or website. Session will be followed by offline lesson with teachers 		
Don't' worry if you can't get through all the activities in the lesson plan!		





THEME 1 | EXPLORATION

Keynote: <u>Live on YouTube</u> | 20 April | 9.10 am | can be watched back later CJ Green and Jordan Holder

AIMS

- To get students exploring the sectors in Suffolk and beyond
- To gain a greater understanding of the diverse opportunities in Suffolk

(NB: Students may be grouped randomly so may/may not have knowledge of your sector)

Employer Online Session

28 April 09.10 (STOW) | 29 April 12.20 (SYBIL) | 29 April 14.15 (STONE)

- Introduce yourself, your company and sector and your role.
- What is your sector like?
- Why would you recommend people explore/ work in this sector?
- What do you like/dislike?
- What are the opportunities? What are the roles?
- Any future trends?







THEME 2 | SKILLS

Keynote: Live on YouTube 11 May | 9.10 am | can be watched back later

Gemma Head and Michelle Pollard

AIMS

- To develop students' knowledge of the key skills they need to prosper in a 21st century workplace.
- To enable them to identify the skills they already have and how to link this to future employment.
- To give them ideas about how to develop new skills they might need.

Employer Online Session:

19 May 09.10 (STOW) | 20 May 14.15 (STONE) | 20 May 12.20 (SYBIL)

- Introduce yourself, company, sector and your role
- What skills do you use in your role?
- Which are transferable skills?
- How can young people evidence or develop those skills







THEME 3 | ENTERPRISE & ENTREPRENEURSHIP

Keynote: <u>Live on YouTube</u> |8 June | 9.10 am | can be watched back later

Clare Friel and Scott Russell

AIMS

- To help students understand what it means to be enterprising.
- To help students understand the skills they need to be enterprising / entrepreneurial.
- To think about the benefits and risks to entrepreneurship and self-employment
- To work in groups to practice their skills through an enterprising challenge.

Employer online session:

16 June 09.10 (STOW) | **17 June 09.30 (STONE)** | **Oct/Nov (SYBIL)** *TBC*

- Introduce yourself and your business
- How did you get started? How did you come up with the idea?
- What are the good things about being self-employed or running a business
- What are the drawbacks?







THEME 4 | PATHWAYS

Keynote <u>Live on YouTube</u> | 22 June | 9.10 am | can be watched back later

Karis Theopane

AIMS

- To enable students to make informed decisions about their career pathways.
- To inspire students to follow their aspirational pathway and aim high.
- To encourage students to feel confident about what is on offer in the future.

Employer online sessions:

30 June 11.30 (STOW) | Sept/Oct (SYBIL) | Not Stone Lodge

- Introduce yourself, where you work and your role
- Summarise your pathway so far- was it straightforward, was it twisty? What might have been any alternative routes?
- What are the current pathways in your sector e.g. mostly degree, Apprenticeships, work based or no set routes.







THEME 5 | RESILIENCE

Keynote <u>Live on YouTube</u> | 6 July | 9.10 am | can be watched back later

Laura Bird

AIMS

- To help students find techniques to overcome new, challenging or stressful situations.
- To give them the tools to prepare and practice for a job / college / Apprenticeship interview.
- To increase their confidence and self esteem

Employer online sessions:

7 July 09.10 (STOW) | 8 July 11.15 (STONE) | 8 July 12.20 (SYBIL)

- Introduce yourself, where your work and your role
- What situations are there in your work life when you need to be resilient? How do you overcome these?
- How you cope with failure
- Can you remember a job/college/university interview –how did you feel? How did it go? What did you do to prepare? (NB: Doesn't have to be a good one!)





MOCKINTERVIEWS

8 July 13.40 -15.10 (STONE) | 12 & 13 July (SYBIL) | STOW TBC

These will take place over MS Teams. It will be a 1:1 virtual interview lasting about 20 -25 minutes.

Below is a selection of questions that students will have been able to prepare answers for using the STAR technique. We don't expect you to cover all of them. You can add additional ones if you wish and have time.

AIMS

- To understand what types of questions an interviewer might ask and help them to prepare answers that will make the most of their skills and qualities.
- To give them the tools to prepare and practice for a job/college/Apprenticeship interview
- To experience a virtual mock interview and gain feedback
- To increase their confidence and self esteem

YOUR INPUT

Questions:

- Tell me a bit about yourself.
- ▶ Tell me about a situation you had to complete a task within a tight deadline.
- Tell me about a time where you worked with a group to achieve a task?
- Describe a time when you have had to use your initiative to solve a problem.
- Tell me about a time when you have had to use your communication skills to get some information to people or solve a problem.
- Tell me about a time when you came up with a new idea.
- Describe a situation when something didn't go to plan. What did you do and what did you learn?

STAR

S - Explain the **Situation**. This situation can be drawn from a work experience, a volunteer position, or any other relevant event. Be as specific as possible.

 $\mathbf{I} - \mathbf{Task.}$ Next, describe their responsibility in that situation. Perhaps they had to help a group complete a project within a tight deadline, resolve a conflict with a coworker, or use their initiative to solve a problem.

A - **Action**: describe how they completed the task or tried to meet the challenge. Focus on what they did, rather than what the team, other students, boss, or coworker did. (Tip: Instead of saying, "We did xyx," say "I did xyz.")

R - **Result:** Finally, explain the outcomes or results generated by the action taken. It may be helpful to emphasize what they accomplished, or what they learned.

Question and feedback sheet will be supplied







Tips

Test the Tech! If possible, attend the training sessions	Think about your virtual background	Don't talk down to them But be aware of language and sector specific expressions	Plan your session If possible, watch the keynote and look at your lesson plan.
Be inspirational! What makes your job, sector so great to work in?	Equality and Diversity Try to be inclusive with your message	Don't repeat your whole CV / Bio Pick the relevant parts connected to the theme	DATES! Remember: most of the young people will have been born around 2000 – so anything pre-dating 2005 may not be familiar to them
Give practical advice <i>Quash</i> <i>misconceptions or</i> <i>stereotypes</i>	Humour Take care. Not everyone has the same sense of humour!	Avoid Jargon & lots of statistics	What is your key message? Repeat at the end







VWIS Lesson Plans

Online session with Employer

Theme 1	EXPLORING CAREER OPPORTUNITIES	
1 hour	Labour Market Information (LMI)	

Activity Title	Notes for Facilitators	
Aims	 Inspire students about the career opportunities in Suffolk and beyond. 	
	 Introduce key terminology regarding sectors and the Labour Market. 	
	 Motivate students to think about the opportunities and how they can explore jobs in demand key sectors. 	
	 By the end of this lesson students will understand what sectors are and the definition of a Growth sector. 	
Links to Gatsby	2. Learning from career and labour market information.	
Benchmark	3. Addressing the needs of each pupil	
	4. Linking curriculum learning to careers	
	5. Encounters with employers and employees.	
Links to Skills Builder	Listening, staying positive, problem solving and aiming high.	
CDI Framework learning outcomes		
	 Be able to find relevant labour market information (LMI) and know how to use it in your career planning. 	
	 Explain how work and working life is changing and how this may impact on your own and other people's career satisfaction. 	
Resources / Equipment	1. PowerPoint from SfS Google Classrooms.	
/ worksheets needed	2. Access to internet and SfS Google Classrooms	
	3. Rough paper for groups to work out their responses.	
	4. Access to the Discover Your Future Student Workbook	
	5. Suffolk Work and Skills Booklets	
Preparation required	• Familiarise yourself with the activities, presentation, and workbook.	
from the teacher	Ensure access to workbooks for all students.	







Activity Title	Notes for Facilitators
	 Know the name of the VWIS Employer Ambassador and the company/s they represent so you can introduce them to the class
Teacher role: Introduction & lesson	 Remind them about the Keynote presentation that took place recently on this theme.
objectives (5 mins)	 Please introduce the class to the VWIS Employer Ambassador and say that we will be hearing from them shortly, about their job role and company
	 Read 'Aims' of the lesson to the students from the slides.
	 Please facilitate students asking questions when the VWIS employer has finished. If none are forthcoming, please ask some questions yourself, suggestions include.
	What are the opportunities within your sector?
	What do you enjoy about your sector?
	What is the best thing about your job?
	How did you end up working in this sector?
	What could young people do to get into this sector?
The VWIS Employer (10 mins)	VWIS Employer Ambassador/s to introduce themselves, their job role and overview of their company.
(1011113)	Make reference to anything from the keynote session that they think is relevant.
	VWIS employer to talk about
	What they do
	 What their sector is What is it like to work in the sector?
	Any future opportunities or trends that might interest young people.
Starter / Icebreaker:	 Introduce the 'A-Z of jobs challenge'.
A-Z of Jobs Challenge	 Working in pairs, students have 5 minutes to think of and write in a job for every letter of the alphabet.
(10 mins)	 After 5 minutes, each pair must quickly provide an answer.
	 What letters did they struggle with? What job roles in the examples had they not heard of? Anyone want to do a job they have listed?
	 Does the VWIS employer have any alternative job roles in their sector – especially for some of the difficult letters?
	 There are examples on slide 5 of job roles that you may wish to ask the students to identify and ask further questions about.
Activity 1	Explore their Area
(15 mins)	Split the class into pairs or small groups.







Activity Title	Notes for Facilitators	
	Ask the students to open their <i>Discover Your Future</i> booklet and for the first activity to spend 5 minutes listing the businesses and services within a 5-mile radius of their school.	
	They should answer the following questions.	
	 What do they do? How many people do they think they might employ? What industry / sector are they in? Please note: 'Type of business' is for Theme 3 – leave blank. 	
	Groups to discuss their lists and explore the question "What is a sector?"	
	Groups to discuss and determine what a "Growth Sector" is. Refer to slide 8 which includes a description of a Growth Sector. Highlight to the students that slides 9-11 include the three Growth Sectors in Suffolk, Clean Energy, Agri Food / Tech, and ICT Digital.	
	They can use Suffolk Work and Skills to find out more about other sectors in Suffolk.	
Activity 2 (10 mins)	 Ask the students to list which sectors are of interest to them. They can use the diamond nine grid and sector to record with 1 being the sector of most interest and 9 being the sector of least interest. Students should record three sectors of interest in their booklet. 	
Plenary And finally	 Revisit the aims of the session and ask the students to highlight one thing they would tell people at home about today. 	
(5 mins)	 VWIS employer - could add something they have learnt / or feedback they are going to share with their work colleagues about today. 	
	• Teacher – thank VWIS employer/s – remind students that they will follow this session up in the offline class on xxx day/date.	
Differentiation	Some of the examples have been started in the booklet. Complete as many of the activities as relevant or of interest.	
Key messages	The job market is changing all the time and there are many jobs and careers available.	
	Students should understand that there are a number of sectors within in Suffolk that will be experiencing growth and have lots of opportunities - especially within the three growth sectors of Agri-Tech, ICT/Digital and Clean Energy.	
Extra Activities	Using <u>www.icanbea.co.uk</u> find local employers who are in the key growth sectors. See if they can find one for each sector.	





A – Z of Jobs-Some suggestions			
Α	Accountant, Aviation Engineer, Artist, Actuary, Administrator, App Designer, App Tester, Art Buyer, Art Director	N	Nurse, Neurologist, Network Technician, Network Manager
в	Brand Engagement Manager (Consultant/ Designer) Business Analyst, Business Operations Consultant	0	Optician, Occupational Therapist, Operations Manager
с	Civil Engineer, Creative Content Director, Customer Service Advisor, Call Centre Manager, Community Relations Manager, Cartographer	Р	Programmer, Paramedic, Prison officer, Police Officer, Phlebotomist, Publicist
D	Dentist, Doctor, Dietician, Data Analyst, Digital Empowerment Manager, Dispatch Operative	Q	Quality controller, Quantity Surveyor, Quality technician
Е	Event manager, E-Commerce Business Analyst, Environmental Health Officer, Ecologist	R	Recruitment Consultant, Research Assistant, Reliability Engineer
F	Facilities manager, Florist, Fashion Designer, Fitness Instructor	S	Sales Manager, Sports coach, Sports Development Officer, Solicitor, Service technician
G	Graphic Designer, Games Developer, Geologist	т	Teacher, Television Presenter, Trainer, Translator, Technical Manager, Transport Planner, Transport manager
н	Human Resource Manager, Housing Officer	U	Undertaker, Underwriter
I	IT Systems Administrator, IT Technician, Insurance Advisor, Interior Designer	v	Vet, Volunteer Coordinator
J	Judge, Joiner, Journalist, Job Centre Adviser, Junior Software Engineer	w	Web Designer, Warehouse Operative, Waste Collector
к	Kitchen Porter, Key Account Manager	Х	X-Ray Technician, Xylophone Player
L	Librarian, Laboratory Technician, Legal Secretary, Logistics Manager	Y	Youth Worker, yacht builder
М	Marketing Assistant, Maintenance Engineer	Z	Zoo Keeper, Zoologist, zigzag stitcher







VWIS Lesson Plan

Online session with Employer

Theme 2 1 hour UNDERSTANDING THE KEY SKILLS SUFFOLK EMPLOYERS NEED

Activity Title	Notes for Facilitators
Aims	 Students understand the concept of skills and the different types. Students can recognise their own skills and how to develop them. Students can identify that skills can be transferable across a variety of sectors and job roles.
Links to Gatsby Benchmark	 Learning from career and labour market information. Addressing the needs of each pupil Linking curriculum learning to careers Encounters with employers and employees.
Links to Skills Builder	Listening, Aiming High.
CDI Framework learning outcomes	 Discuss the skills involved in managing your own career. Show how you are developing the qualities and skills which will help you to improve your employability
Resources / Equipment / worksheets needed	 PowerPoint loaded onto a Google Classrooms. Access to internet and SfS Google Classrooms Rough paper for groups to work out their responses. Access to the Discover Your Future Student Workbook Post it Notes and sheets of A3 paper.
Preparation required from the teacher	 Familiarize yourself with the activities, presentation, and workbook. Ensure access to workbooks for all students. Know the name of the VWIS Employer Ambassadors and the company/s they represent so you can introduce them to the class
Teacher role: Introduction & lesson objectives (5 mins)	 Remind them about the Keynote presentation that took place recently on this theme. Please introduce the class to the VWIS Employer Ambassador and say that we will be hearing from them shortly, about their job role and company







Activity Title	Notes for Facilitators	
	Read 'Aims' of the lesson to the students from the slides.	
	 Please facilitate students asking questions when the VWIS employer has finished. If none are forthcoming, please ask some questions yourself, suggestions include. 	
	What skills & qualities do you use to do your role?	
	What is the best thing about your job?	
	What did you do after school?	
The VWIS Employer (10 mins)	VWIS employer/s to introduce themselves, their job role and overview of their company.	
(Make reference to anything from the keynote session that they think is relevant.	
	VWIS employer to talk about	
	 Their job role and company they work for What skills they use in their role 	
Starter / Icebreaker: (10 mins)	Teacher to divide the class into groups of no more than five and give each group a piece of A3 paper and a pack of post it notes. Students have to think what skills an employee needs to have in the current job market and write down a single skill on a post it note and stick to the A3 piece of paper. Students should come up with a minimum of ten skills during the 5 min exercise. Each A3 paper with post it notes should then be displayed on the wall of the classroom.	
Activity 1 (10 mins)	teamwork problem solving creativity	
	Taking the skills one at a time	
	 Ask students to suggest a job where that skill is important – e.g., numeracy – nurse: reading patient graphs, dispensing medicine, problem solving – engineer: communication – teacher. 	
	 Teacher to write down job suggestions on the board- students can't repeat a job. Should have a long list of jobs at the end. 	
	 Repeat for each skill depending on time/engagement. 	
Activity 2 (15 mins)	 Students complete Skills Audit from Workbooks. Feedback to employer on one skill they are good at and one they want to develop. 	
	 Employer to ask student to think how they might develop those skills – emphasise the importance of skills developed in and out of school – e.g., enterprise days, sports day, part time work, volunteering, helping at home, playing sports 	
	Students can record these ideas in their workbook.	





Activity Title	Notes for Facilitators
Differentiation	Students can circle icons. Students to complete as many sections of the audit as relevant or of interest to them.
Plenary And finally (5 mins)	 Revisit the aims of the session and ask the students to reflect on what they have learnt and what skills they used. VWIS employer - could add something what they have learnt or what skills they used today. Teacher – thank VWIS employers – remind students that they will follow this session up in the offline class on xxx day/date.
Key messages	The key messages are that <i>businesses need people in many</i> <i>different roles and with a huge range of skills if they are going to</i> <i>be successful.</i> If students understand how important transferable skills are to employers, they will be able to manage, plan and respond to the changes they will
Extra Activities	face in their career. You may also have follow-up discussions around which lessons or subjects can develop skills.







VWIS Lesson Plan

Online session with Employer

Theme 3 1 hour

ENTERPRISE & ENTREPRENEURSHIP

Activity Title	Notes for Facilitators	
Aims	 To identify the skills and attributes needed to be a successful entrepreneur. To explore the different roles and responsibilities involved in running a social enterprise. 	
Links to Gatsby Benchmark	 Learning from career and labour market information. Addressing the needs of each pupil Linking curriculum learning to careers Encounters with employers and employees. 	
Links to Skills Builder	Problem Solving, Creativity, Teamwork	
CDI Framework learning outcomes	 Explain different types of businesses, organisational structures, how they operate and how they measure success. Show that you can be enterprising in the way you learn, work and manage your career. Show how you are developing the qualities and skills which will help you to improve your employability 	
Resources / Equipment / worksheets needed	 11. PowerPoint from Google Classroom. 12. Access to internet and SfS Google Classrooms 13. Rough paper for groups to work out their responses. 14. Access to the Discover Your Future Student Workbook 	
Preparation required from the teacher	 Familiarize yourself with the activities, presentation, and workbook. Ensure access to workbooks for all students. Know the name of the VWIS Employer Ambassadors and their business so you can introduce them to the class 	
Teacher role: Introduction & lesson objectives	 Remind them about the Keynote presentation that took place recently on this theme. Please introduce the class to the VWIS Employer Ambassador and say that we will be hearing from them shortly, about their job role and company 	







Activity Title	Notes for Facilitators
(5 mins)	 Read 'Aims' of the lesson to the students from the slides.
	 Please facilitate students asking questions when the VWIS Employer Ambassador has finished. If none are forthcoming, please ask some questions yourself, suggestions include.
	What skills & qualities do you use to do your role?
	What is the best thing about your job?
	What did you do after school?
The VWIS Employer	VWIS employer/s to introduce themselves, their job role and overview of their company.
(10 mins)	Make reference to anything from the keynote session that they think is relevant.
	VWIS employer to talk about
	 their business how they got the idea how they got started key challenges etc.
Starter /	The teacher puts the students into pairs or small groups.
Icebreaker:	To encourage students to think about their entrepreneurial skills ask them to:
(10 mins)	 In pairs or alone, make up a 'bad idea' and write it on a piece of paper.
	They then screw the paper up.
	 In the class, students take turns to talk about one idea and explain why it is a bad idea.
	As a whole class, see if they can discuss how they could turn it into a good idea!
	<i>For example</i> , four bad ideas to get you started might include camouflaged golf balls, edible dog leads, glow in the dark eye mask and a chocolate tea pot.
	 You could also ask them to think about the social and environmental implications of the idea, i.e., is it environmentally friendly, and is it Fair Trade?
Activity 1 (10 mins)	An entrepreneur is someone who creates new business/es, bearing most of the risks and enjoying most of the rewards. The process of setting up a business is known as entrepreneurship. The entrepreneur is commonly seen as an innovator, a source of new ideas, goods or services.
	Entrepreneurs play a key role in the economy -those who are successful may be rewarded with profits, fame, and continued growth opportunities. Entrepreneurs that fail results in losses though they may go on to develop new ideas as a result of the failed attempt.
	Successful entrepreneurs are resilient, innovative, and intellectually curious – all key skills and attributes for success in 21 st century life.
	 Can your students name any successful entrepreneurs? What sectors do they work in? e.g., creative, technology, retail?





Activity Title	Notes for Facilitators
	Show your students some clips of successful and unsuccessful 'pitches' from would-be entrepreneurs on the television program Dragons' Den.
	 <u>https://www.youtube.com/watch?v=jpgoFodFVV8&list=PLSW3VrGq8ZrR</u> <u>Y2LHilqaoiRFAd2V3d-Rg&index=4</u> (Dog Personality Test 2.08)
	 <u>https://www.youtube.com/watch?v=Y0ylz9hIC7Q&list=PLSW3VrGq8ZrSt</u> <u>QVy2T8wrZuyle6unHJDr&index=7</u> (Teacher assessment tool - show up to 2.40 – after Print Deborah)
	Ask your students to draw a picture or cartoon image of a modern entrepreneur on a large sheet of paper and list the skills and qualities that this person might need to be successful.
	These might include commitment, motivation, determination, creative
	 Encourage them to complete the sentence starting: 'A successful entrepreneur is someone who' (see if they can come up with 3 phrases or skills).
	An example might be: 'A successful entrepreneur is someone who… shows tenacity and commitment to drive ideas forward'.
	Highlight that running a social enterprise involves many skills such as creativity, leadership, communication, evaluating risk, influencing, negotiating and budgeting and it is important for your pupils to understand the hard work and planning necessary to make their social enterprise a reality and a success.
	People of all genders can be successful entrepreneurs if they have a good idea, right skills and prepared to work hard.
	Some of the biggest companies today started as small enterprises from people's bedrooms or homes. <i>e.g. Virgin, Microsoft, Facebook, Amazon,</i> <i>Apple</i>
Differentiation	Students to draw their idea of an entrepreneur.
Activity 2	VWIS Employer Ambassador to explain different types of business.
(15 mins)	Profit making (private sector/commercial e.g Tesco, BT, EDF)
	 Public Sector (uses money from taxes and grants e.g NHS, local authorities, government departments)
	• Not for Profit or Social Enterprises or Charities. (e.g. Realise Futures). Other significant examples in the UK could include The Big Issue, Divine Chocolate, or Jamie Oliver's 'Fifteen' chain.
	Explain that social enterprises are businesses that tackle social and environmental problems. They create jobs and generate income like other businesses, but instead of channelling their profits to owners, they reinvest them to support their social mission.
	In doing so, they improve people's lives in our communities and societies. It is what a business does with its profits, and its social objectives, that determines whether it is a social enterprise.





Activity Title	Notes for Facilitators	
	 Social enterprises are businesses whose primary purpose is to create a positive community impact rather than to generate profits for individual shareholders. They apply the power of the marketplace to advance social, cultural and/or environmental agendas. Thus, they measure success with the attainment of both economic and social value. For-profit organizations are businesses in the traditional sense, whose primary purpose is making money for their owners and shareholders. They generally use financial return on investment as their measure of success, seeking to generate the maximum profit. Non-profit organizations seek to create the maximum social return on investment, in other words to make the biggest positive community impact. These organizations receive special status under the law and are exempt from many taxes. They usually depend on donations, grants, and volunteers to cover their operating costs. impossible2Possible is an example of a non-profit organization. From Activity 1 in the "Explore" Lesson students review their list of business and determine if any are for profit, public sector or social enterprises. Do your pupils think that any of the businesses or services on their local list are social enterprises? 	
Differentiation	 Why do they think that people set up social enterprises or charities? Students to look at pre-populated answers to the examples. Highlight that entrepreneurship is a viable option for young people and can also be linked to positive social change in local communities and the world. Reinforce the skills needed. As a home learning activity, ask the pupils to find out about the work of one well-known social enterprise and present their work in a medium of their choice. 	
Key messages		
Extra Activities		







VWIS Lesson Plan

Online session with Employer

Theme 4 1 hour

PATHWAYS

Activity Title	Notes for Facilitators
Aims	 To enable students to make informed independent decisions about pathways. By the end of the online and offline session students will have plotted their own pathways.
	 To inspire students to follow their aspirational pathway and aim high.
	 To encourage students to feel confident about what is on offer in the future.
	 Pupils are able to link their GCSE subjects to real-world applications of these in different careers or sectors
Links to Gatsby Benchmark	 3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees 7. Encounters with further and higher education 8. Personal guidance
Links to Skills Builder	 Creativity, Staying positive, Aiming High
CDI Framework learning outcomes	Be able to research your education, training, apprenticeship, employment and volunteering options including information about the best progression pathways through to specific goals
Resources / Equipment / worksheets needed	 15. PowerPoint from Google Classrooms. 16. Access to internet and SfS Google Classrooms 17. Rough paper for groups to work out their responses. 18. Access to the Discover Your Future Student Workbook
Preparation required from the teacher	 Familiarize yourself with the activities, presentation, and workbook. Ensure access to workbooks for all students. Know the name of the VWIS Employer Ambassadors and the company/s they represent so you can introduce them to the class
Teacher role: Introduction & lesson	 Remind them about the Keynote presentation that took place recently on this theme.





Activity Title	Notes for Facilitators
objectives (5 mins)	 Please introduce the class to the VWIS Employer Ambassador and say that we will be hearing from them shortly about their job role and company
	 Read 'Aims' of the lesson to the students from the slides.
	 Please facilitate students asking questions when the VWIS employer has finished. If none are forthcoming, please ask some questions yourself.
The VWIS Employer Ambassador	VWIS Employer Ambassador/s to introduce themselves, their job role and overview of their company.
(10 mins)	Make reference to anything from the keynote session that they think is relevant.
	• VWIS Employer Ambassador to talk about their pathway into work.
	 VWIS Employer to explain what we mean by pathways – pathways demonstrate the different routes that can be taken with education and with careers.
	 VWIS Employer to use the 'pathways' diagram to plot their own route.
	 For example, GCSEs -> BTECs at College -> Degree Apprenticeship
	 GCSEs -> 2 x A Level and a BTEC @ Sixth Form -> University
	 Talk about the skills learned and challenges faced in each stage, particularly focusing on transferable skills, application processes, how you prepared etc.
	Student to make notes in VWIS workbook
Starter / Icebreaker:	Pathways: what do we already know?
(10 mins)	 Ask students in pairs to write down as many options available to them when they leave year 11. Where could they be? What may they be doing? With whom? How will they feel? Give them 3-4 minutes to do this.
	 Include some prompt words such as: Education, Work, Qualifications, Earning money, happy, successful, pressure, learning etc.
	 Visual prompts: images of university, college, apprentices at work, exam papers etc.
	 Reflect and discuss as a group the answers that have been submitted: are there any missing? Are there any unexpected ones? Is full-time work an option post-16? How do we want to feel?
Activity 1	Next steps pathways matching activity:
(25 mins)	 Each slide will include information on a student's interests and aims for the future, and the ideas they've had about the next steps.





Activity Title	Notes for Facilitators
	 Use the slides to review the information on different student profiles, focusing on their skills, interests and goals. Ask the students to fill in their booklets (page 26/27) to review the advantages and disadvantages of each potential route. Once the students have evaluated pros and cons, ask them to choose one route they would firmly recommend. Also, ask them to consider any other routes which haven't been mentioned if they can. <i>Reiterate</i>: pathways can cross-over but keep moving forward. Many routes into HE that do not follow the academic pathway, and many routes into work that do not follow the work-based pathway.
Differentiation	Starter: • Students can identify post 16 routes by writing, drawing, or talking with support from a teacher/scribe to note down answers. Activity 1: • The key objective of this activity is that students can compare different routes available depending on the way they like to learn and the skills they have. Students can write advantages and disadvantages, use numbers to rank the options or use colours to complete a RAG colour rating system for each option. For example: Gemma: • Advantages : • Disadvantages : • Oute 1: • Disadvantages : • Disadvantages : • Oute 1: • Oute 2: • Oute 2: • Oute 2: • Oute 3: Full- • Note 1: • Oute 3: Full- • Oute 3: Full- • Which next step do you recommend? Are there any other routes they could take? • *
Plenary Teacher & VWIS Employer Ambassador (5 mins)	 Revisit the aims of the session and ask the students to highlight one thing they would tell people at home about today. VWIS Employer Ambassador - could add something what they have learnt or feedback to work colleagues about today. Teacher – thank VWIS Employer Ambassador/s – remind students that they will follow this session up in the offline class on xxx day/date.





Activity Title	Notes	for Facilitators
Teacher – Homework Task for students. (10 mins)		rough homework activity – this research will be needed for the ' teacher lead session.
(10111113)	Exploi	ring possible pathways: icanbea tool
	Aim:	To inspire students to follow their aspirational pathway and aim high
	Aim:	To help students understand the variety of pathways available to them.
	Aim:	To do independent research about pathways to make an informed decision
		 Show the students the icanbea tool Ask them to complete the survey tool and to evaluate skills, interests etc. Ask students to choose as many careers as they like – there is no limit to their possibilities! – but to write down two or three main ones that they would like to know more about.
	Show t examp	the students your completed pathway template to give an le.
	wizard	entiation: Some students may need support using the icanbea . This can therefore be built into a separate session or activity, or to the beginning of the offline session if computer access is ble.
Key messages		are usually lots of different pathways to get into a career. Think which route might suit them the best.







VWIS Lesson Plan

Online session with Employer

Theme 5	STRESS, RESILIENCE AND CONFIDENCE
1 hour	STRUSS, RUSTLICINCU AND CONTIDUNCU

Activity Title	Notes for Facilitators	
Aims	 To help students find ways to overcome new, challenging or stressful situations 	
	 To give them the tools to prepare and practice for a job/college/Apprenticeship interview 	
	 To experience a virtual mock interview and gain feedback 	
	 To increase their confidence and self esteem 	
	 By the end of this lesson students will have some tools to help them deal with stressful situations 	
Links to Gatsby	1. A stable careers programme.	
Benchmark	3. Addressing the needs of each pupil.	
	5. Encounters with employers and employees.	
Links to Skills Builder	Listening, Aiming High, Presenting, Staying Positive	
CDI Framework learning outcomes	 Recognise how you are changing, what you have to offer and what's important to you. 	
	 Explain how you manage your wellbeing, progress and achievements through telling your story in a positive way. 	
	 Review and reflect upon how you are benefitting as a learner from careers, employability and enterprise activities and experiences. 	
	 Know your rights and responsibilities in a selection process and strategies to use to improve your chances of success 	
Resources /	19. PowerPoint from Google Classrooms.	
Equipment /	20. Access to internet and SfS Google Classrooms	
worksheets needed	21. Rough paper for groups to work out their responses.	
	22. Access to the <i>Discover Your Future</i> Student Workbook	
Preparation required from the teacher	 Familiarize yourself with the activities, presentation and workbook 	
ion ne leacher	 Ensure access to workbooks for all students 	
	 Know the name of the VWIS employer facilitators and the company/s they represent so you can introduce them to the class 	





Activity Title	Notes for Facilitators
	 Please facilitate students asking questions when the VWIS ambassador has finished. If none are forthcoming, please ask some questions yourself To be aware of and follow up any students who seem particularly
	vulnerable or stressed from discussing the subject of resilience
Teacher role: Introduction & lesson	 Read 'Aims' of the lesson to the students/slides
objectives (5 mins)	 Please introduce the class to the VWIS Employer Ambassador and say that they will be hearing from them shortly, about their experiences of dealing with stress and job interviews
The VWIS Employer	VWIS Ambassador/s to explain their job role, their company.
Ambassador (5 mins)	 Hands up/vote/poll – how do the students feel about this job/company? Do they know anything/much about this sector? Is it something they have been interested in?
	 What did students feel about the keynote speaker - Laura's story? How did they score in the resilience quiz?
	 Student workbook can be used for students to make notes about this employer/organisation.
Starter / Icebreaker: (10 mins)	 Ground rules – important to take everyone's ideas seriously, listening to people. People only need to share what they want to
	 Do Well Being Bingo - What things have they done this week that makes them feel good?
	Remind them that self-care of own well-being is really important. Being kind to yourself is really important - treat yourself as you would treat a friend – #BeKind
Activity 1	Stress and Resilience
(15-20 mins) Powerpoint	• What is stress? Everyone has times when they feel they have too much to do or difficult things to do. It is a normal part of life. Stress can help you take action, feel more energised and get results. But if you often become overwhelmed - or have too much stress, these feelings could start to be a problem for you.
	• What is Resilience? It's about staying strong when things are getting hard. Resilience means learning how to cope with uncertainty or stress, how to make the most of the people you have around you, or things you can do to make you feel better or adapt to the situation.
	• Employer talks about what makes them stressed and positive techniques they use for overcoming stress. <i>NB: Be careful not to use alcohol or other harmful substances as means of coping with stress</i>
	5 -7 mins - Students to work in small groups or pairs - ask them to think about times when they have been stressed - could be family, school, exams, school lockdown. Ask if anyone wants to share with rest of the class.





Activity Title	Notes for Facilitators
	5 – 7 mins – back in their small groups - what techniques did they use to overcome this? Share with class – write up their three best ideas and try to pinpoint what was it about that helped.
	Remind them of the importance of talking to people or asking for help – additional activity - Students could create own circle of support
Differentiation	Explain terms – stress and resilience – or staying strong. Get them to link with ideas in Well Being Bingo.
Activity 2	Interviews
(10 mins)	 Interviews for college, apprenticeships, university or employment are often a stressful experience as people are nervous but keen to make a good impression.
	 VWIS Employer Ambassador talks about an interview they remember – how did they cope?
	 Do any of the techniques identified above work for an interview situation?
	If not - what would work better?
Activity 3 (if time)	https://vimeo.com/393837020 Video about Hope
10 –15 mins	Show video and ask students for feedback. Does this reflect their own feelings? Link this back to the previous exercise. Are there any new techniques in the video they hadn't thought of? Does it help to know they are not alone in feeling anxious about the future?
Plenary	 Summarise resilience techniques from PPT
(5 mins)	 Revisit the aims of the session and ask the students to highlight one thing they would tell people at home about today/ record in their diary
	 Employer to say something they would tell their work colleagues about today – were they stressed/nervous themselves about today?
	 Give students details of where they can find out more about their company, role or sector.
	Wish them luck with the interviews.
Key messages	Everyone has to deal with stressful situations - at home, work or at school. We all need to find ways of dealing with these situations that work for us and also not be afraid to ask for help when it all gets too overwhelming.
	In your next session you are going to practice these techniques as you prepare and go through a mock job interview with some employers.
Extra Activities	30 Day Challenge - details in student workbook.





Activity Title	Notes for Facilitators
Useful resources	<u>Red Cross</u>
	https://youngminds.org.uk/resources/school-resources/
	 <u>https://youngminds.org.uk/media/3554/how-many-positives-360-activity.pdf</u>
	https://youngminds.org.uk/media/3237/who-supports-me-activity.pdf
	<u>https://media.samaritans.org/documents/DEAL_Managing_stress.pdf</u>