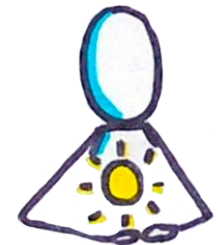
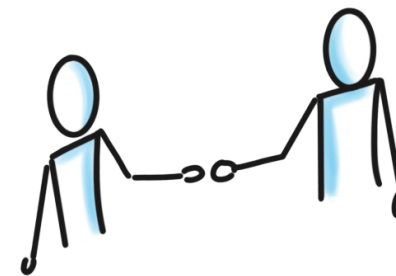
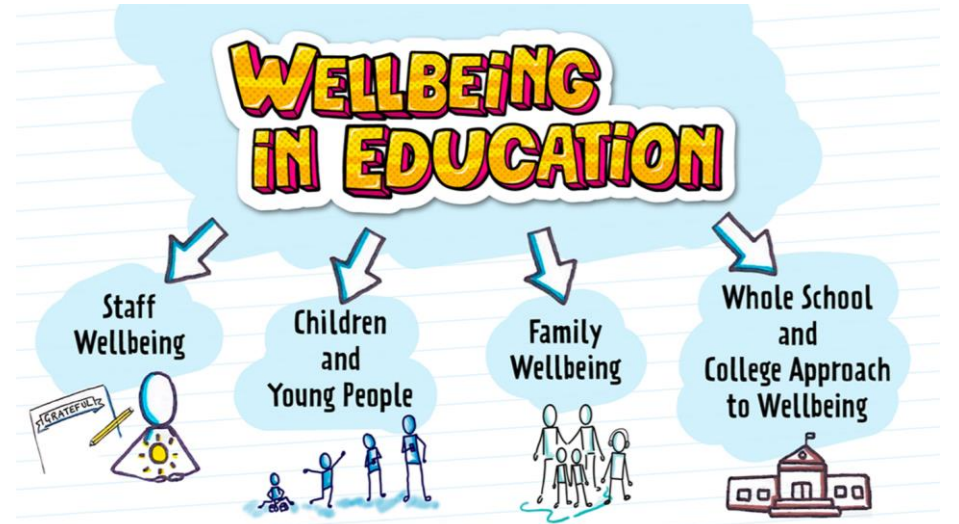


Mental Health (MH) Network meeting

An opportunity to reflect on last year and shape the content for this year

27 Sept. 2022 3:45 – 4:45

- Welcome
- Sharing info. & updates to the website
- Emotional Based School Avoidance
- Reflections on last year in small groups
- Feedback
- Future sessions



[@SuffolkPTS](https://twitter.com/SuffolkPTS)
[@NSFTtweets](https://twitter.com/NSFTtweets)

What is included within the Wellbeing in Education resources?

Organised into five main areas:

[children and young people's wellbeing support for educational staff](#)

[children and young people's wellbeing support for families](#)

[staff wellbeing support](#)

[having a whole school or college approach](#)

[emotionally based school avoidance \(EBSA\).](#)



Latest Wellbeing News and Events

The Wellbeing in Education service provides links to useful webinars and regularly updated news.

Sharing good practice across Suffolk

Season One:

- Suffolk Teaching Assistant Network
- Emotional Based School Avoidance (EBSA)
- Trauma Informed Schools
- Sandwell Whole School Approach
- West Suffolk College embedding Character Strengths
- Supervision

Future episodes include:

- Emotional Literacy Support Assistants (ELSA)
- Non-Violent Resistance
- Working with Student Life (MH Ambassador Programme)



WELLBEING IN EDUCATION Podcast



Suffolk Teaching Assistant Network



suffolktanetwork.co.uk



@SuffolkTan

Next Steps

Background



ABI JOACHIM
TEACHING ASSISTANT
HLTA

@WESTBOURNE

+ MASTERS RESEARCH → SEND

PASSIONATE ABOUT

- ✓ COLLABORATIVE WORKING TEACHERS & TA's
- ✓ EFFECTIVE DEPLOYMENT
- ✓ TA TRAINING
- ✓ STRATEGY
- ✓ IMPACT

Getting Started

QUALITY
TRAINING

TA's ENGAGING
WITH EACH OTHER

RESEARCHED
WHAT TA's WANT

IMPACT OF TA's
DURING PANDEMIC

SERVICE FOR TA's
IN SUFFOLK

SHARING BEST PRACTICE
NETWORK

SCC SUPPORT IOA

Network offer



Suffolk TA Network

DEVELOPED + RUN BY TA's FOR TA's

OFFERS

- HALF TERMLY NEWSLETTER
- TRAINING + CONFERENCES
- NETWORK INFORMATION SESSIONS

SHARING
TRAINING
BOOK REVIEWS
PRACTICE

SUPPORTING
STUDENTS

PROJECTS
REMOTE
LSAs

CONTACT
WITH
FAMILIES

NURTURING

HUMAN
CONNECTION

WELL BEING
AND
LEARNING

IMPACT
OF

IMPACT
REPORT

WWW

SYSTEMIC
WHOLE SCHOOL
APPROACH

WE FOCUS ON
TA WELL BEING

DEDICATED
TIME

TAN
CHAMPIONS
+ ASSISTANT CO-ORDINATORS

TOP TIPS
VIDEOS

TA CONFERENCE

ENGAGE SCHOOL LEADERS

PROMOTE VALUE OF
THE NETWORK

SHARE LEARNING

INDUCTION
+ TRAINING

FAVOURITE MOMENTS

IMPROVEMENTS
FOR STUDENTS

EPISODE 1 – SUFFOLK TEACHING ASSISTANT NETWORK



<https://youtube/10DJRkAgkY>



Wellbeing in Education
Alice Clarke



suffolk.gov.uk/wellbeingineducation



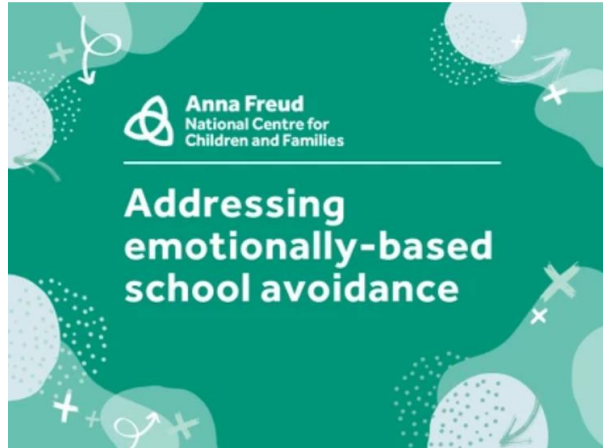
@SuffolkPTS

EPISODE ONE

[The Good Childhood Report 2022 | The Children's Society](https://www.childrensociety.org.uk) [\(childrensociety.org.uk\)](https://www.childrensociety.org.uk)

The Children's Society has published a report which examines the latest trends in children's wellbeing in the UK. Findings from the report include:

- around 6% of children aged 10-15 in the UK are unhappy with their lives;
- girls are more likely to feel unhappy with their appearance compared with boys;
- happiness with school and school work was significantly lower among children in lower income households,
- and over half of parents and carers feel that the Covid-19 pandemic had a negative impact on the education of their child or children.



[Supporting-childrens-transition-to-secondary-school-guidance-for-parents-and-carers/](#)

[Moving-up-the-transition-to-secondary-school-animation-teacher-toolkit/](#)

[Mental Health and Wellbeing School Timetable - autumn 2022 \(mentallyhealthyschools.org.uk\)](#)

Please note that a virtual Emotionally Based School Avoidance (EBSA) sharing event will be held on 5th October from 3:30 until 4:30 - all education settings in Suffolk are welcome to join (either date or both dates). The Psychology and Therapeutic Service and Whole School Inclusion team will be leading these.

The aims of the session are for the two named services to gain a better understanding of how EBSA is being experienced in our settings right now (with a view to helping to shape our future support), and to create a space for attendees to share their stories, worries, questions, hopes and successes, including examples of their practice (e.g. strategies, resources, interventions).

Please email: EducationMHLeadNetwork@suffolk.gov.uk if you would like to attend.

..... and building on [Solution Circles](#)



Emotionally Based
EBSA
School Avoidance

Small groups – reflection on last year

- One thing I have really enjoyed so far about being a MH lead
- One thing I have found particularly challenging
- One thing I wish people knew about my role

Please share good resources / training that you have been on - put in chat please so we can share with everyone AND add any further comments on the last page.

Use the Jamboard – if you can't access this please allocate a scribe.

- One thing I have really enjoyed so far about being a MH lead
- One thing I have found particularly challenging
- One thing I wish people knew about my role

Mentimeter
voting:

Content to be
covered in
network
meetings

MH lead preferences in order of priority topics – MH Network co-ordinators will organise these topics to be covered over the next year

- Emotional Regulation
- Emotional Based School Avoidance
- Trauma
- Low Mood
- Sleep and Emotional Reactivity

WELLBEING IN EDUCATION



and thanks...to
everyone

.....



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[@NSFTtweets](https://twitter.com/NSFTtweets)