



## TEAM PUPIL- Creating a Support Network

The Inclusion Facilitation team offer a supported training package for schools to provide you with the skills and framework to set up and maintain Team Pupil within your setting.

The areas of need could include:

- Trauma
- Anxiety
- Autism



### Why do we need Team Pupil?

The approach, developed and used by Louise Bomber, uses **relational team support** with in-school staff to create an **emotionally and physically safe, consistent, and predictable** environment for children and young people that are:

- Moving forward from adverse childhood experiences (ACEs), relational trauma and loss.
- Experiencing anxiety, which might include Emotional Based School Avoidance (EBSA).
- Needing support for their Special Educational Needs (SEND).

The framework focuses on the importance of **connection before correction**, placing value on the building of trusting relationships to ensure the children and young people have strong **relational buffering**, initially with adults until they have stronger **internal controls**.

### How does it work?

We can support schools to develop their Team Pupil through:

- Interactive virtual training sessions with an Inclusion Facilitator
- Online support training that can be accessed when convenient
- Facilitated person-centred planning meetings
- Follow up session and telephone support (as agreed with the Designated Teacher)

Please contact: [IF@suffolk.gov.uk](mailto:IF@suffolk.gov.uk)





# TEAM PUPIL- Creating a Support Network

## Outline of the Inclusion Facilitator Support

Choice and Control

Sharing Ordinary Places

Being Someone

Contribution

Belonging

What are the stages of setting up and maintaining Team Pupil?		Who is involved?
1.	Discussion of Pupil's Needs	Designated Teacher/ SENDCo
2.	Identifying TEAM PUPIL: a key adult and Team Pupil (4-5 people) who will create a support network around the child, providing support to each other and have a clear plan and approach that is suited to the child's needs.	
3.	Building the Team – (Four Sessions):	
	<p><b>Welcome Team Pupil</b></p> <ul style="list-style-type: none"> <li>• What is Team Pupil and why do we need it?</li> <li>• Respecting Biology and Responses to Stress</li> </ul>	Team Pupil, including a member of the Senior Leadership Team
	<p><b>Regulate, Relate, Reason</b></p> <ul style="list-style-type: none"> <li>• Neurosequential Model, Attunement Principles, Emotion Coaching and PACE approach</li> <li>• Providing support for observation (ABCD approach)</li> </ul>	
	<p><b>Tools and Strategies</b></p> <ul style="list-style-type: none"> <li>• Practical ways to soothe and to co-regulate</li> <li>• Regulating resets throughout the school day</li> <li>• Gaining the child or young person's voice (One Page Profiles)</li> </ul>	
	<p><b>Create a Team Pupil Support Plan</b></p> <ul style="list-style-type: none"> <li>• A first step plan that is helpful, consistent, and deliverable - what does the team need?</li> <li>• Planning next steps and reviews. This could be a follow-on video call with the key adult.</li> </ul>	

Please get in touch to discuss timings and costs for this support package.

**Please contact: [IF@suffolk.gov.uk](mailto:IF@suffolk.gov.uk)**

