A Person-Centred Plan:

**What people like and admire about me…**

**What is important to me…**

**When I am upset I….**

**Others say that when I am upset, I….**

**Places in school I can go to feel safe and supported…**

**To help me feel better at school, I can…**

**Others can help me feel better at school by…**

**My family can support me to attend school by…**

**Changes to attendance, timetable etc.**

**My Key People are:**

**Until …………………… my return to school plan includes the following changes to my attendance:**

**(Identify any changes to days or times they come in)**

**At school, these things can make me feel upset:**

|  |  |  |  |
| --- | --- | --- | --- |
| **What?** | **When?** | **Who?** | **Where?** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

A picture containing object, light

Description automatically generated

**My Support Plan**

Parent signature:

School support

person’s signature:

**Any other changes include:**

**(Identify any changes to routines; break, lunch, changes between lessons etc. to classroom expectations; not expected to read aloud, work in pairs etc. and homework)**

**Changes to my timetable include:**

**(Identify any changes needed)**

My signature:

**This plan will be reviewed regularly so that it remains helpful. Review date:**

**Other people who have access to the plan are:**