

SELF-ISOLATION

Financial support



Self-isolation support payments

If you are on a low income and are unable to work because you have been told by NHS Test and Trace that you have to self-isolate, you may be eligible for a **lump sum payment of £500** as part of the Government's Test and Trace Support Payment scheme.



To be eligible for a payment you must:

1. Have been told to self-isolate by NHS Test & Trace and given a valid ref. number because you have tested positive for Covid-19 or been in close contact with someone who has; **and**
2. Be employed or self-employed; **and**
3. Unable to work from home and will lose income as a result; **and**
4. You or your partner are in receipt of an eligible benefit, e.g. Universal Credit, Housing Benefit



You may be eligible for a discretionary fund payment instead if:

1. You meet criteria 1 to 3 above; **and**
2. Not currently receiving an eligible benefit; **and**
3. Earning less than £19,200 gross per annum as a single person or £37,400 per annum as a couple or single parent household; **and**
4. Have less than £3000 in household savings



How to apply

To apply for a self-isolation support payment, please complete the online application form from your local Council (who you pay Council Tax to). Applications must be made within 28 days after the first day of your period of self-isolation. The scheme is currently open until the 31st March 2021.



What evidence will I need to provide when making an application?

Notification from NHS Test and Trace asking you to self-isolate (this will include a Unique ID number); **and** a bank statement confirming your name and address; **and** proof of employment/earnings, **or**, if you are self-employed, evidence of self-assessment returns, trading income and proof that your business delivers services which cannot be undertaken without social contact



How will payments be made?

Payments will be made by bank transfer to the bank account matching the bank statement provided as part of your proof of eligibility.

Further help is available

If you are worried about your bills, your job or your home, call the Suffolk Advice and Support Service **free** on 0800 068 3131 Monday to Friday 9am-5pm