

Help for Young Parents

What is Family Nurse Partnership (FNP)?

Family Nurse Partnership is a service for some young people who are going to have their first baby and who might need extra help and support.

A Family Nurse can:

- Visit you at home
- Help you during pregnancy
- Support you until your child is 2 years old
- Answer questions about being a parent
- Help you and your baby stay healthy

They can support with:

- Looking after your baby
- Breastfeeding
- Child development
- Mental health and wellbeing
- Building your confidence as a parent

What is changing?

The Family Nurse Partnership service will stop as a separate programme.

Instead, young parents will get support from:

- Health Visitors
- Family Hubs
- Early Help services
- Other local support services

What is the Young Parent's Pathway?

The Young Parent's Pathway supports young parents under 20 years old, who might need a little extra help and support

Workers visit young parents at home from pregnancy until their child turns 2 years old.

They can help with:

- Keeping healthy
- Your baby's growth and development
- Building strong relationships
- Making healthy choices
- Getting ready for school

What is changing?

The Young Parent's Pathway will also stop as a separate programme.

Young parents will still be able to get support through:

- Health Visitors
- Family Hubs
- Early Help services
- Other local support services

Will support still be available?

Yes.

Families will still be able to get help and advice.

If extra support is needed, Health Visitors and other services will work together to make sure families get the right help.



Have Your Say

We would like to know what you think about these changes.

Survey: https://www.smartsurvey.co.uk/t/FNP_YPP

Email: childrenandfamilies@suffolk.gov.uk

Your views are important and can help shape services for young parents and their children.