



## **Support to Young Parents (under 21 years old)**

### **a) Family Nurse Partnership (FNP) and**

### **b) Young Parent's Pathway (YPP)**

#### **a) Family Nurse Partnership (FNP)**

##### **What is Family Nurse Partnership:**

- The Family Nurse Partnership (FNP) programme is a voluntary, intensive, targeted, home-visiting programme, delivered by Specialist Practitioners, called Family Nurses
- It can support up to 130 vulnerable first-time young parents (up to age 21 years old) at any one time with the aim of improving children's life chances by supporting families from early pregnancy to early childhood, up to when the child is 2 years old.
- Young women who are care experienced, under 16 years old, have experienced childhood trauma, access mental health services, have a learning disability, are not in education and employment, are victims of domestic abuse and not living with a parent themselves are prioritised.
- Not every vulnerable first-time parent who is eligible for FNP will be able to access the service, as owing to the intensity of the offer, the numbers are limited to 130 spaces. These young parents are currently supported through an enhanced offer from Health Visiting.
- The family nurse works with individual families in their own homes (or a different community location if preferred) delivering an evidenced based programme.
- Family nurses will work on areas such as parent/child attachment, breastfeeding, child development, building self confidence in young parents and their parenting, supporting mental health, smoking cessation.
- The service is nationally prescribed and is non-statutory.



**What are we changing:**

- Ending Family Nurse Partnership as a distinct programme
- Support for young parents would transfer to mainstream health visiting and the enhanced Early Help offer, Best Start Family Hubs and wider partner pathways

**Mitigations:**

- All families will be transferred into the Health Visiting Service,
- Health Visiting can provide additional support to those most vulnerable through targeted and specialist pathways. This offer already provides an alternative offer for those parents who would not be able to access Family Nurse Partnership.
- Utilising the enhanced Early Help offer being transformed in the Children and Young Peoples Directorate, with an additional £2million investment
- Identifying needs and using system partnerships to support clients through appropriate pathways and referral access points.

**b) Young Parent's Pathway (YPP)**

**What is the Young Parent's Pathway:**

The Young Parent's Pathway is a home visiting voluntary service within the 0-19 health visiting service that supports mothers to be, under the age of 20 years old, are not eligible for FNP and who live in Suffolk. Home visits start during pregnancy and continue until the child turns two. It is a less intensive model compared to FNP but draws from that evidence base, skills and knowledge.

Young Parent Practitioners use visit content, materials, and practical activities to work with young parents, including fathers.

The Young Parent Practitioner completes joint visits with the allocated health visitor to explore topics such as: -



- Health and wellbeing
- Baby's health, wellbeing and development
- Building positive relationships with your child, and others
- Making positive lifestyle choices
- Breastfeeding, immunisation, child development and school readiness.

**What are we changing:**

- Ending Young Parent's Pathway as a distinct programme
- Support for young parents would transfer to mainstream health visiting and the enhanced Early Help offer, Best Start Family Hubs and wider partner pathways.

**Mitigations:**

- All families will be transferred into the Health Visiting Service,
- Health Visiting can provide additional support to those most vulnerable through targeted and specialist pathways. This offer already provides an alternative offer for those parents who would not be able to access Family Nurse Partnership.
- Utilising the enhanced Early Help offer being transformed in the Children and Young Peoples Directorate, with an additional £2million investment
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**Have your say:**

Link to Survey: [https://www.smartsurvey.co.uk/t/FNP\\_YPP](https://www.smartsurvey.co.uk/t/FNP_YPP)

Contact: [childrenandfamilies@suffolk.gov.uk](mailto:childrenandfamilies@suffolk.gov.uk)

**Further Information:**

[Healthy child programme - GOV.UK](#)

[Family Nurse Partnership - Suffolk County Council](#)

[Young Parent's Pathway - Suffolk County Council](#)