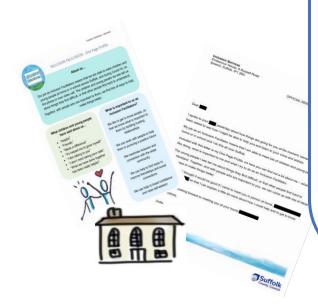




Welcome and Listening EBSA Year 7

## What were we asked to do?

Support for the young person around their self esteem, anxiety and non attendance in education.



## What did we do?

We sent our One page profile and a welcoming letter to the young person, so that they knew more about us,

Gave them choice and control- where they would feel most comfortable meeting and who they would like there.

Spent time listening to their voice, understanding their needs and how they wanted support. Putting the young person at the centre of what we do.

Advocate the young persons voice during professional meetings, so that they feel valued and listened to.

"You're here to listen to me if I need you to"

## Who else did we support?

We listened to the family's concerns and worries, offering further support and guidance.

## **Impact**

The time that was taken to welcome and listen to the young person, has enabled them to:

- ✓ Develop a trusting relationship with a professional which they had not done before.
- ✓ Is able to leave the house more and be socially more engaging with their peers, as their self esteem and resilience has increased.
- ✓ Feels valued and heard and can continue building a trusting working relationship, with other professionals in the future.

