Psychology and Therapeutic Services



YR 11 EBSA

What were we asked to do?

For CYP to have support around anxiety and non-attendance.



Who else did we support?

Senior IF has also provided mum with the relevant trauma support needed.



What did we do?

CYP had ATS in place however it was not agreed to continue. IF and Senior IF worked together to gain medical evidence so that ATS could continue throughout year 11.

IF worked on self-esteem and confidence with CYP, completing a OPP, Ideal Self, Scaling and Strengths activities. Another worry for the CYP which appeared during these sessions was Future Thinking and Post-16 options therefore, we worked through a Big Life Journal discussing the CYP's likes and dislikes, things they are good at and potential jobs that are linked to her strengths. We also completed a Mini-PATH to support with next steps.

Impact

- The impact that our joint work has had, means that the young person is now able to work with other professionals for example, is currently engaging with a Young Persons Worker and with a Key Adult from their current school provision.
- ATS have also mentioned in several review meetings that the CYP's confidence has grown and their communication has massively improved. They are able to say when they need support, laugh when they get something wrong and feel confident to try new tasks.
- The CYP will be sitting her GCSE exams this year and will be carrying on her education come September.

