



The Cassius Smartwatch

BUILT IN
SIM CARD

1 About the Cassius Smartwatch

- The Cassius Smartwatch is a standard watch that you wear on your wrist but allows you to call for help in an emergency.
- It has two watch display options – analogue or digital as shown below.
- It will allow you to call for help if you need it – either at home or when out and about - and will give you the confidence to carry on with your day-to-day life.
- It can detect if there has been no movement/inactivity that may indicate a fall has occurred. These can be set for eight different time frames of 3, 9, 15, 30, 45, 60, 90 or 120 minutes.
- It doesn't detect inactivity when the watch is charging.
- It is linked to a monitoring centre* who will make sure you get the help and support you need, should you need it.
- It does not need internet to work as it has an inbuilt SIM card.
- The watch can also let your carers know where you are should you get lost or if you are unable to tell them where you are.
- There is the ability to add geofencing - a feature which provides a geographical boundary and sends an alert should the person wearing the watch move out of this area.





2 How does it work?

You can press and hold the emergency button in a time of need, which will raise an emergency call. An operator at the monitoring center OR a responder of your choosing will answer the call and talk to you through your Smartwatch speaker. They can then make sure that they can get the support you need.

In the event of an emergency, your location can also be sent to the monitoring center or your chosen responder can check your location through the Alcove system so support can be arranged – this is especially helpful if you do not know where you are.

This device can be worn at home or on the go. It does not need the internet to work or raise an alarm so you can access help and support from anywhere.

3 Things to know

Battery

When the watch only has 15 per cent battery, the watch screen will show you a warning of 'battery low'. The watch will also vibrate and make a sound.

You will then need to charge your Smartwatch. You can do this using the charging cable which plugs into a socket. Charge the watch for at least an hour.

Bathing and showering

Please remove the device when bathing and showering as it is not waterproof.

Pacemakers

If you have a pacemaker then you should be aware that the watch cannot be worn or come in contact within an area of 25 cm from the pacemaker. If you are unsure then please check before use.

Tracking and Alerts

Your friends and family can receive alerts on their mobile phone and view your location through the Alcove portal. The Portal is secure and only approved people can have access to the information from the Smartwatch.

4 How is my data used for this product?

This device will capture data which is used to support best outcomes, you can find out more on our privacy statement - <https://www.suffolk.gov.uk/about/privacy-notice/adult-and-community-services-privacy-notice/>

*The Monitoring Centre referred to in this sheet is managed by **Medequip**.