



I moved into my care home without the help of social services, but my capital/savings are close to **£30,000**

What should I do?

It is important that you contact Suffolk County Council as soon as possible. This will give us time to meet you, discuss how we can help and then complete our assessments.

Once your capital or savings reduces to £23,250 we may be able to help you pay for your care.

If you would like to discuss your options, our staff at Customer First will be happy to hear from you. You can contact us on **0800 917 1109**

Alternatively you may like to get some independent advice from a specialist financial adviser through the Society of Later Life Advisers (**0333 2020 454**, [www.societyoflaterlifeadvisers.co.uk](http://www.societyoflaterlifeadvisers.co.uk)) or the Money and Pensions Service which provides free and impartial debt advice, money guidance and pension guidance to members of the public [www.moneyandpensionservice.org.uk](http://www.moneyandpensionservice.org.uk)  
**0800 138 7777**

\*There may be a charge for financial advice

