



Zoe Bennett

Inclusion Facilitator

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About me

I have completed counselling training including an Integrated Counselling BA (Hons) Degree. I am proactive with regards to my continuous professional development and actively look for opportunities to increase my knowledge and experience.

Throughout my career, I have always been passionate about supporting people and have gained experience in my previous roles as a counsellor, homeless officer, domestic abuse link worker and most recently a family support practitioner.

I am committed to supporting children and families to achieve their full potential. I provide an empathic and collaborative relationship with the people I work with and aim to highlight strengths, recognise challenges and work in a solution focused way to empower others.

What people admire about me

People describe me as being passionate, caring, honest, observant and a good listener. I am approachable and friendly. I will take time to get to know people and will always do the best I can.

What is important to me as an Inclusion Facilitator

- To build a trusting and collaborative relationship with the young people I work with. This includes offering them time and space to explore their strengths, challenges, hopes and dreams in a non-judgemental way.
- To support young people to have their voice heard and to ensure they remain the focus of our work.
- Encourage young people to recognise and celebrate their successes and offer a relationship where they have choice and control.

How best to support me

I like to be organised and plan my work. Please provide me with as much information as possible to support me with this. I also like to ensure I have understood things correctly and will ask lots of questions. Please understand this is to help me to offer the best support I can, to the people I am working with.