My One-Page Profile

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What people like about me…

- I always listen and try to understand what you are saying.
- I am smiley and I will always try to be welcoming.
- I celebrate what you do well, so I can help you with anything you find more difficult.
- I always work hard to think of a solution.
- I am organised and will always try my best to do what I have said I will do as soon as I can.

What is important to me?

In my home life...
- My pet tortoises who are called Darwin and Nelson.
- Spending time with my family and friends.
- Drinking hot chocolate and eating chocolate!
- Travelling and visiting new places.
- Photography.
- Watching sunsets.

In my work…
- Meeting new people and getting to know them.
- Giving you clear information so you understand who I am and why I am working with you. If you are unsure, then please ask me or ask another adult who may also be able to help.
- Making sure you feel supported, so you feel comfortable before, during and after working with me. Please tell me if anything would help you to feel relaxed.
- Working together to find out what you need and what you think would help you. Let me know if you have any ideas.

The key to supporting me is…

- Say hello!
- Ask questions if you would like to know something.
- I am always smiley, and I hope to see you smiling too but don't worry if you don't feel like smiling. If you can tell me how you are feeling it might help me understand.
- Be honest, tell me what you do and don't like.
- Tell me if there is something you need with you when working with me. Maybe some quiet music or something to fiddle with would help you to feel happier.
- I will take some notes during our time together to help me remember all the things we talk about. Let me know if you would like to know what I have written down!
- If I say something you don't quite understand please ask me questions, to repeat myself, or to explain something in a different way!

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