

**Kayleigh Skene**  
**Educational Psychologist**

**My areas of interest include...**

- Supporting wellbeing, learning and development through play
- Exploring the role of educational psychologists in supporting wellbeing and mental health within school systems
- Using research and evidence in practice
- working in a range of ways including using person-centered, solution-oriented, personal construct and narrative-based practices

**You can contact me here:**

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**What is important to me?**

Spending time outside  
Spending time with friends  
and family  
Having time to ask  
questions and learn from  
others  
Keeping organised as it  
helps me to work  
efficiently

**Other people like that I  
am...**

Easy to talk to and a good  
listener  
Organised and reliable  
Open-minded and  
supportive  
Calm-natured

**How best to support me**

I communicate best  
through writing as it gives  
me extra processing time  
I appreciate constructive  
feedback to help me learn  
and develop  
I think tea, chocolate and a  
nap make most challenges  
feel a little easier