



Dr Jill Griffiths

Senior Educational Psychologist

CONTACT DETAILS:

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How to support me

- I get lost easily, so clear directions really help.
- Please don't worry if I take out my pen and paper. I am really interested in what you tell me and write notes to help me remember.

What people like and admire about me

- My colleagues say that I am friendly, approachable, and caring. They also consider me to be dedicated, efficient and organised, with an eye for detail.
- Families say I am interested, and a good listener, who helps them feel heard.

About me

- I love spending time outdoors with my family and friends. I like to do yoga every morning. It gets me ready for the day.
- I trained as an Educational Psychologist in Suffolk and moved back in September 2023.
- I have worked as a Senior Specialist Educational Psychologist for Cognition and Learning in another local authority. I have also worked as primary school teacher and as an Assistant Educational Psychologist.
- I am very interested in evidence-based interventions to support the development of literacy and maths skills.

What is important to me?

- Applying psychology to make a positive difference to children and young people, their families and settings.
- Working collaboratively in a solution oriented way.
- Being person centred, putting children and young people at the heart of everything I do.