



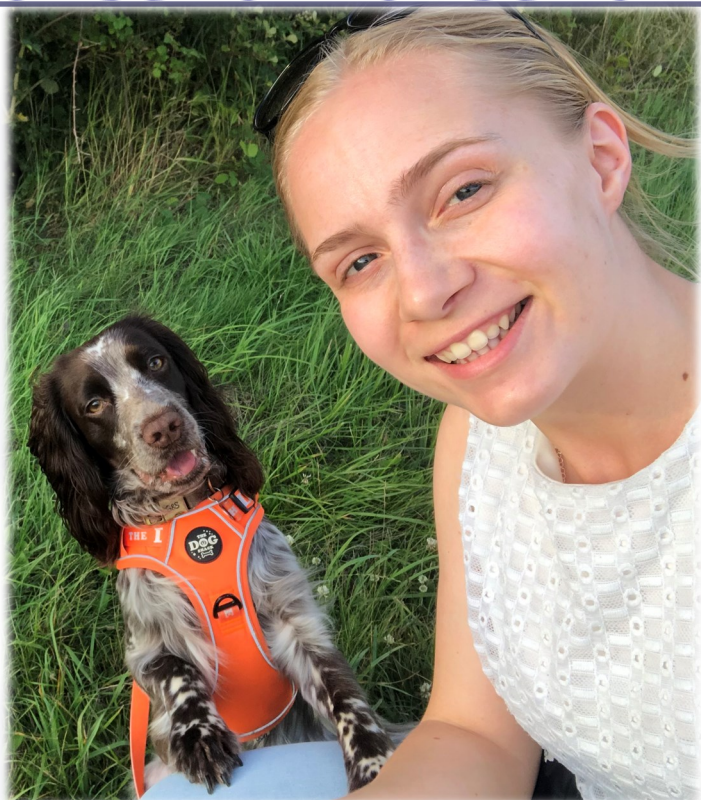
- ⇒ Hello my name is Beth Lewis
- ⇒ I work as a business support officer
- ⇒ I am organised, logical and tidy in the way I work
- ⇒ In my free time I like catching up with my friends
- ⇒ I love taking my puppy for walks in the beautiful countryside

#### What people like and admire about me

- ⇒ I'm a very smiley person
- ⇒ That I'm caring, thoughtful and understanding
- ⇒ I'm very supportive
- ⇒ Good listener
- ⇒ How I'm a team player

#### What is important to me

- ⇒ Getting the best out of life
- ⇒ Self-care and people (myself included) doing things that better themselves physically, mentally, emotionally, and any way that has a positive impact on their lives!
- ⇒ Having lots of fun and making memories with my partner and our puppy



#### How To Best Support Me

- ⇒ Giving clear instructions that provide plenty of information so I can carry out tasks efficiently
- ⇒ Being in an honest environment
- ⇒ Understanding that on occasion it takes a little while for me to fully adjust to changes.
- ⇒ People listening to and valuing my thoughts and opinions.

