



Suffolk Fire & Rescue Service
Working in partnership with BOC Healthcare
to help keep you safe.

**IMPORTANT GUIDANCE &
SAFETY INFORMATION**



**FOR PEOPLE USING
OXYGEN THERAPY**

Fire Safety Advice Whilst Using Oxygen Therapy

Now you are benefiting from oxygen therapy in your home, follow these few important tips to help keep yourself safe from fire:

- Never smoke (or let someone else smoke in the same room as you) whilst using your oxygen equipment.
- Never smoke in bed.
- Never use oxygen equipment near open fires or naked flames.
- Never cook while using your oxygen.
- Never use any electrical appliances such as electric razors and hairdryers whilst using your oxygen.
- Avoid using barrier medications/creams that contain petroleum, oil or paraffin. Ask your pharmacist or care provider to recommend suitable non-flammable alternatives'.
- If you smoke when not using oxygen equipment, wait 20 minutes, use a proper ashtray and always put it out completely.
- Safely store all oxygen equipment, and make sure you understand how to use it.
- We recommend each floor of your home has a working smoke alarm fitted. These should be tested weekly.

For further information or advice regarding your oxygen equipment contact BOC Healthcare on:

0800 111 333

For home fire safety

Advice call

01473 260588

www.facebook.com/firekills

