

5-10 yrs



“We want the very best for you and  
for you to be happy, safe and well.”

Name:

Date of my  
meeting:

You don't have to fill in every page, just the ones that are important to you. Tell us about the good things as well as anything you are not so happy with.

You will have a home where you are safe,  
well cared for and can be happy.



Is there anything you want to  
say about where you live?

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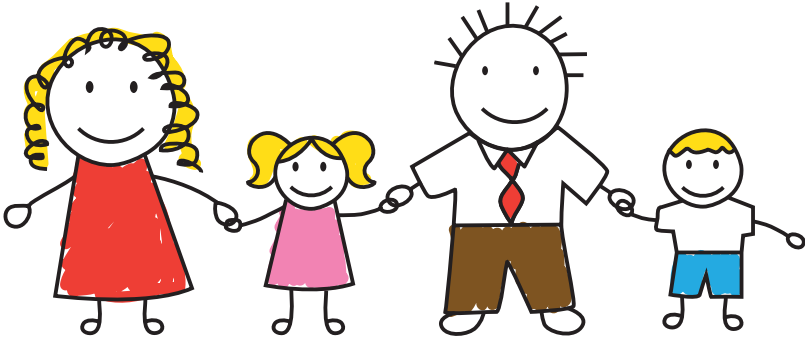
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We will help you see your family, friends and other people who are important to you. If there are people you can't see we will explain why.



Is there anything you want to say about seeing your family & friends?

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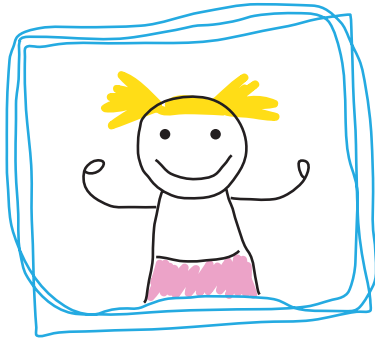
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You will have a Social Worker and you will know their name. They will give you their blue contact card so you know how to call them and who else to call when they are not at work.



Is there anything you want to say about seeing your social worker?

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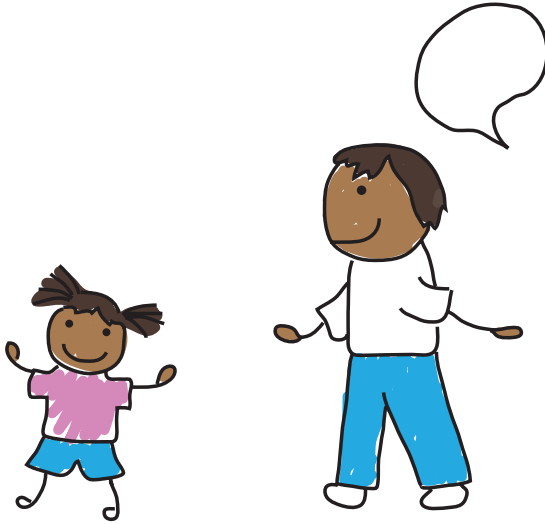
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We will listen to you and talk to you about all the important things in your life.



Is there anything you want to say about being listened to?

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We will make a plan with you about how best to look after you.



Is there anything you want to say about your care plan or your review meetings?

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We will help you to do the things that you like and be the best you can be.



Is there anything you want to say about the things you like to do?

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If you have any problems or worries you can talk to your carer or social worker and they will work hard to sort them out with you.

You can also have an advocate, someone to help you have your say, or join Brighter Futures Children in Care Council to give your views. Go to [www.thesource.me.uk](http://www.thesource.me.uk) to find out more.

Are there any worries or problems that you want to talk about?

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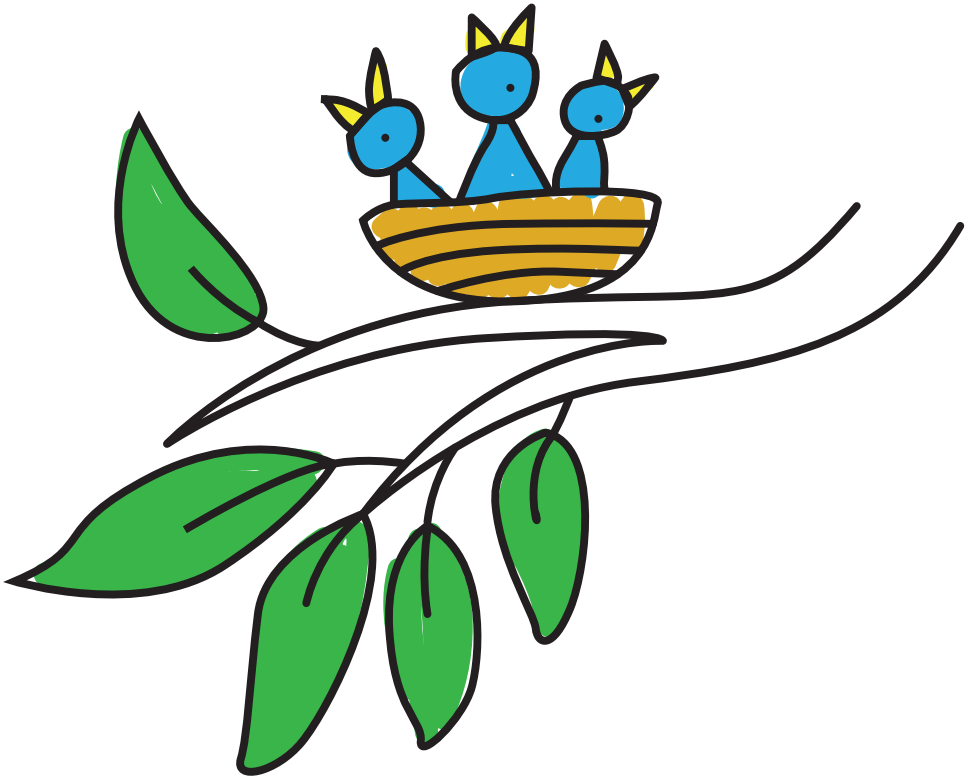
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Would you like to join Brighter Futures?

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We will help you to do your  
very best at school.



Is there anything you want to say  
about school?

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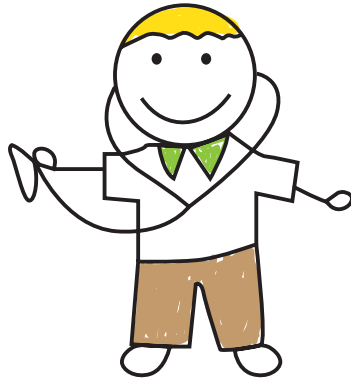
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We will help you to be as healthy,  
well and happy as you can be.



Is there anything you want to say about  
your health?

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**All in all...**

**What's going well for you?**

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**Is there anything that's not going well?**

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**Is there anything that needs to happen?**

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