



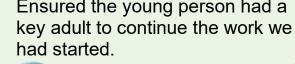
## Working Virtually Understanding Emotions – Year 4

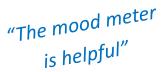


## "Having the tools that you have shown us has really been beneficial"

## What did we do?

- Stayed in touch with the child and completed emotion-focused activities via video calls, firstly at home and then school.
- Created a 'mood scale' to support the child to indicate their emotions and what support they may need.
- Ensured the young person had a







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## What was the outcome for the young person?

- Experienced fun and creative ways for learning about emotions and how to express these in a safe way.
- They had a plan and felt supported by the new adults in their life to be able to move forward with some small next steps.







