

What does your child need to learn about sex? A checklist for parents and carers’

This form has been given to you to complete on behalf of your child to help us determine which areas of sex and relationships education would be beneficial to them. Please tick any boxes that you feel would be important to cover and then prioritise those topics into the top 3 areas you would like to work on first.

Personal hygiene

Making choices

Appropriate behaviour e.g. how to greet people

Understanding the difference between public and private

Learning to say ‘no’

Rejecting unwanted approaches

Recognising and naming feelings

Names of body parts

Differences between male and female bodies

Learning about periods and sanitary pads

Learning about wet dreams

Learning about masturbation

How the body works (sexually)

Learning about relationships

Sexual activity

Contraception

Sexually transmitted infections

Dealing with prejudice

Other (please state ………………………………………………………………………..)

Name of Young Person: DOB:

Name of person completing this form:

Relationship to young person: Date completed: