Lakeside TRAVEL PACK







INTRODUCTION

The Local Links travel pack includes, useful websites, discounts and local information on sustainable travel in and around Blundeston. This comprises of information and guidance on walking, cycling, taking the bus, train, and car sharing.

Local Links is a Suffolk County Council initiative to encourage active travel in the County. Transport can sometimes be an issue, whether its cost or an increase in congestion making it difficult for you to get from A to B. We can help overcome the barriers with travel planning advice and guidance. Our website provides details on the travel options and highlights the associated financial and health benefits.

Local Links

☐ www.suffolk.gov.uk/locallinks
☐ local.links@suffolk.gov.uk
☐ @SuffLocalLinks

LIFTSHARE

The Norfolk and Suffolk Liftshare scheme provide a matching service for all those who live, work and travel in and around Norfolk and Suffolk.

This service could really help residents who struggle to use other means of sustainable transport. These websites match up potential partners as a driver or passenger. Once matched, you can choose to journey share as little or as often as you like!

Find drivers and passengers to car share with for FREE

- Reduce the costs of fuel and parking
- Cut congestion and pollution
- Reduce the stress of driving

You don't need a car to take part and it's flexible: you can choose to journey share as little or as often as you like.

www.norfolk.liftshare.com

Norfolk Liftshare has been set up by Norfolk County Council.

www.suffolkcarshare.com

Suffolk Car Share has been set up by Suffolk County Council

WALKING ROUTES (INCL. RIGHTS OF WAY)

Blundeston's new Lakeside development has lots of opportunity to travel sustainably throughout Blundeston, Lowestoft and further across Suffolk and Norfolk.

The Lowestoft cycle map which shows existing routes in the town is available to freely download and print on www.suffolk.gov.uk/cycling

To create your own walking routes, visit www.walkit. com, www.plotaroute. com/routeplanner or www.discoversuffolk.org.uk/map

SITE - APPROXIMATE TIMES

Local Retail and Other Facilities

North Quay retail park

cycling 19 mins **Aldi**

walking 47 mins or cycling 12 mins

Tescos

walking 42 mins or cycling 11 mins

Morrisons

cycling 18 mins

Lidl

18 mins

Education

Blundeston C of E Primary School walking 11 mins, cycling 3 mins The Benjamin Britten Music Academy walking 47 mins, cycling 13 mins Ormiston Denes Academy walking 58 mins, cycling 15 mins Lowestoft Sixth Form College

cycling, 18 mins **East Coast College**

cycling 19 mins

Leisure and Recreation

Blundeston Village Hall

walking 10 mins, cycling 2 mins

Waterlane Leisure Centre cycling 18 mins

Lowestoft Library

Lowestort Library

cycling 25 mins

Transport

Lowestoft Train Station

cycling 22 mins

Oulton Broad North Train Station

cycling 15 mins

Lowestoft Bus Station

cycling 25 mins

Somerleyton Train Station

13 min cycle ride or a 51 min walk

CYCLING INFO

Local cycle shops

Bikespeeds Cycling - www.bikespeeds.com - 18 Snape Drive, Lowestoft NR32 4SF - 01502 561 333

Dunx Cycles – www.dunxcycles.com – 100 High St, Lowestoft, NR32 1XS – 01502 218118

Halfords - www.halfords.com - 2 North Quay Retail Park, Lowestoft, NR32 2ED - 01502 519094

Hand Crafted Wheels – www.handcraftedwheels.co.uk – 8 Heath Rd, Lowestoft. NR33 9LZ – 07788 723801

Mandarin Cycles - www.mandarincycles.co.uk - 65 London Road South, Lowestoft, NR33 OAS - 01502 515641

Tandem Steves Cycles – www.tandemstevescycles.co.uk – 141-142 High St. Lowestoft, NR32 1HR – 01502 566921

BIKESPEEDS CYCLING

Single use 10% discount for new customers

HAND CRAFTED WHEELS

20% discount off labour costs & 10% discount off parts and accessories

MANDARIN CYCLES

15% off in store voucher for you to use. (Excluding Electric Bikes).





SUFFOLK ON BOARD

There are many benefits when it comes to taking the bus. Not having the stress of driving in traffic during your daily commute, not having the upfront costs cars come with, you can catch up on work, read, listen to music, or just relax without rushing to get to your destination.

Taking the bus can also mean you may have to walk to and from the bus stop which can help towards a healthier lifestyle.

www.suffolkonboard.com provides an online journey planner which includes all other areas of travel, including a personalised journey planner, school transport options, trains, walking times and distances between bus stops. If you require further assistance please call 0345 6066171

Easy to read timetables and help sheets to familiarise yourself on how to catch the bus are also available to freely download, as well as

- Help to read timetables
- Downloading timetables
- Train timetables
- View details of upcoming changes to passenger transport services in Suffolk
- Search for a bus timetable by service number
- Find out more information on school transport

To follow live updates from Suffolk on Board you can follow them on Twitter @suffolkonboard

Your local operators in Blundeston and Lowestoft

- First in Norfolk and Suffolk www.firstgroup.com/ norfolk-suffolk
- Waveney Community Bus www.bactcommunitytransport.org.uk
- Suffolk Norse www.suffolknorse.co.uk
- Belle Coaches www.bellecoaches.co.uk
- Border Bus www.border-bus.co.uk
- Connecting Communities www.communities. suffolkonboard.com



GREATER ANGLIA

Take a look at the Greater Anglia website for ticket options and discounts. Some of the discounts available are listed below

Daily tickets - Advance, Off-Peak and Super Off-Peak, Anytime, Child fares, First Class, Oyster

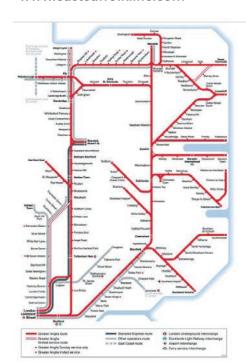
Season Tickets - Smart Card Season Tickets, Commuter Club, Annual Gold Card, Job Track

Discounts - GroupSave, PLUSBUS, Railcards, Rangers & Rovers, Dutchflyer, Duo

Business Travel - Carnet, Discounted Season Tickets for corporates, School/college travel discounts, Business Return

www.greateranglia.co.uk/tickets-fares/find-right-ticket-you

www.eastsuffolkline.com



There are 15 stations along the East Suffolk Lines. Twelve on the Lowestoft to Ipswich line, and five on the Ipswich to Felixstowe Line. Stations at Ipswich and Westerfield are served by both lines. Each station has full wheelchair access and most are served by connecting bus routes. Information on cycle parking at stations is on the Greater Anglia and East Suffolk Line websites.

For any further queries please call the Customer Relations Team on Tel: 0345 600 7245 (option 8).

9

USEFUL WEBSITE LINKS

Walking and Cycling

- www.suffolk.gov.uk/ cycling
- www.discoversuffolk. org.uk - find walking and cycling leisure routes in Suffolk
- www.hikideas.co.uk if you want to plan your own routes. Especially if you want to avoid any major inclines whilst walking, as the track data will display distance, vertical gain and drops along your route.
- www.mostactivecounty. com/what-we-do/ walking/ - find different walking activities for you and the family
- www.walkinginsuffolk.
 co.uk find a local leisure
 walk you'll love
- www.walkit.com specialised route planning for walks or leisure in Suffolk
- www.plotaroute.com/ routeplanner - Use this website to plan your own walking routes in Suffolk
- www.onelifesuffolk.co.uk
 free health walks
- www.ramblers.org. uk - find walks from the Ramblers Association charity
- www.livingstreets.org. uk - the national walking charity, find out about Walk to Work week, Walk to School week and other events
- www.nhs.uk/change4life

 find out how you could make a change to stay fit and healthy
- https://www.suffolk.gov. uk/planning-waste-andenvironment/planningand-developmentadvice/travel-plans/ - for workplace and school travel plan guidance

- www.cyclestreets.net or www.openstreetmap.org
 find the best cycle route to work
- www.bikeweek.org.uk
 join in the Bike Week
 national challenge to get
 more people cycling to
 work
- www.goskyride.com find a social bike ride near you
- www.suffolk.gov.uk/ cycling - information on cycling in Suffolk, including FREE cycle maps available to download
- www.britishcycling.co.uk
 what's hot in the world of cycling
- www.cycling.org.uk the UK's largest national cycling membership organisation

Public Transport

- www.suffolkonboard.com

 the guide to passenger
 transport in Suffolk for
 planning bus and rail
 journeys in the county
- www.greateranglia.co.uk
 the main rail operator for Suffolk
- www.plusbus.info to add an urban bus pass to your rail ticket
- www.nationalrail.co.uk

 the definitive source
 of information for all
 passenger rail services
- www.travelline.info timetables and journey planner for public transport
- www.norfolk.gov.uk/ roads-and-transport/ public-transport/buses the guide to passenger transport in Norfolk for planning bus journeys in the County

- www.nextbuses.co.uk

 find the bus times for your local bus stop
- www.transportfocus. org.uk - an independent public body set up by the Government to protect the interests of public transport passengers
- www.suffolk.gov.uk/ children-families-andlearning/schools/ home-to-schooltransport-and-travelschool-meals-uniformsand-trips - home to school travel

Car Sharing

- www.suffolkcarshare. com - a FREE on-line car sharing scheme to help you find a car share partner
- www.liftshare.com/ liftshareweek - a national event to encourage people to give car sharing a go
- www.liftshare.com/uk/ community/Norfolk a FREE on-line car sharing scheme to help you find a car sharing partner in Norfolk.

Other useful links

- www.suffolk.gov.uk/ roads-and-transport transport information from Suffolk County Council
- www.roadworks.org details current and future roadworks in your area
- www.sustrans.org.uk the leading UK charity for sustainable travel
- www.communities. suffolkonboard.com - for these who may not have access to a bus service
- www.onelifesuffolk.co.uk

 information, guidance

 and support for getting
 healthier in Suffolk



Local Links

Travel Planning in Suffolk

Waveney Town Council

Suffolk Highways

☐ www.suffolk.gov.uk/roads-and-transport/
☐ @Suff_Highways

Suffolk County Council Customer Service

If you need help to understand this information in another language please call 03456 066 067.

Se precisar de ajuda para ler estas informações em outra língua, por favor **Portuguese** telefone para o número abaixo. 03456 066 067 Jeżeli potrzebujesz pomocy w zrozumieniu tych informacji w swoim języku Polish zadzwoń na podany poniżej numer. 03456 066 067 এই লেখাটি যদি অন্য ভাষাতে বুঝতে চান তাহলে নিচের নম্বরে ফোন করুন Bengali 03456 066 067 Jeigu jums reikia sios informacijos kita kalba, Lithuanian paskambinkite 03456 066 067 Dacă aveți nevoie de ajutor pentru a înțelege această informație într-o Romanian altă limbă, vă rugăm să telefonati la numărul 03456 066 067 Если для того чтобы понять эту информацию Вам нужна помощь на другом Russian языке, позвоните, пожалуйста, по телефону 03456 066 067

If you would like this information in another format, including audio or large print, please call 03456 066 067.







