



Suffolk County Council

DOMESTIC ABUSE TRAINING PROGRAMME

June 2009 – June 2010

*For general enquiries about Domestic Violence & Abuse Forums,
Policy and Training please contact:*

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Suffolk County Council*

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Suffolk County Domestic Abuse Training Programme

Key Objective

To improve the response to those experiencing all forms of domestic abuse through training that informs and develops working practices across agencies, to enable effective interventions for victims / survivors including children.

Applications for training are invited from statutory and voluntary agencies. All courses are FREE of charge unless otherwise stated.

Equal Opportunities

Domestic Violence Training is committed to a policy of Equal Opportunities and of valuing, acknowledging and respecting difference and diversity. We also aim to provide access to training and equal treatment in all aspects of domestic violence developments, including policy development, irrespective of:

- Race
- Gender
- Disability
- Sexual Orientation
- Age

In all domestic violence course programmes we aim to ensure that Equal Opportunities are an integral feature and at all times undertake to:

- Ensure that all people are treated as individuals
- Respect the opinion and experience of others
- Ensure that assumptions are not made about people
- Appropriately challenge discriminating language or any oppressive behaviour

Confidentiality

We recognise domestic abuse affects many adults and children throughout society. It is a sensitive and distressing issue for many people and training often prompts disclosure of present or past experiences. At all times during training we undertake to protect and respect individual disclosures on any subject, including domestic violence. In all cases if approached, safety advice and information will be offered and respect given to a participant's request for autonomy and their right for self determination. However, if significant concerns arise about the safety and security of a child, young person or any adult who may be vulnerable we will:

- Raise concerns (in private) directly with the participant concerned unless there are exceptional circumstances where this may not be appropriate
- Negotiate a mutually agreed plan of action
- Ensure participants are supported and informed of the limits to confidentiality in circumstances where significant concerns arise.

Shirley Osborne
Domestic Abuse Partnership & Training Manager
Suffolk County Council

DOMESTIC ABUSE AWARENESS

Course Aims

To enable participants to increase their awareness of all forms domestic abuse, to understand the dynamics, effect and nature of abusive relationships and to clarify their own beliefs in the context of the impact of domestic abuse

Who is the course for?

The course is open to all staff and will provide the opportunity for participants to gain an awareness of the key issues surrounding domestic abuse. **Attendance at this course is used as a pre requirement to attend other courses in the programme.**

Course Objectives

- ❖ To challenge the common myths, stereotypes and social tolerance of domestic abuse.
- ❖ To develop an understanding of the dynamics of domestic violence and define the types of abuse and nature of abusive relationships.
- ❖ To consider the impact of abuse on the victim and children and explore reasons why people stay in abusive relationship

<i>Date</i>	<i>Time</i>	<i>Venue & Locality</i>
Friday 17 th July 2009	9.30 –1.00	Conference Room East, St Edmundsbury District Council
Friday 11 th Sept 2009	9.30 –1.00	Orwell Room, Ipswich Borough Council
Friday 9 th Oct 2009	9.30 – 1.00	GR14, West Suffolk House, Bury St Edmunds
Friday 13 th Nov 2009	9.30 –1.00	Council Chamber, Forest Heath District Council
Friday 27 th Nov 2009	9.30 –1.00	Amenity Block, Mid Suffolk District Council
Friday 26 th Feb 2010	9.30 –1.00	Venue to be confirmed
Friday 23 rd April 2010	9.30 –1.00	Venue to be confirmed

Full details will be sent with confirmation. This course can be delivered in house. For enquiries, applications and to reserve a place, please contact:
Debbie Smith 01473 264659 debra.smith@suffolk.gov.uk

TOOLS FOR PRACTITIONERS

Course Aims

To provide participants with a developed understanding of the techniques for enquiry, risk assessment and safety planning to enable early and effective intervention for those experiencing domestic abuse

Who is the course for?

The course is appropriate for practitioners who have attended Domestic Violence & Abuse Awareness. **Attendance at this course is used as a pre requirement to attend other courses in the programme**

Course Objectives

- ❖ To improve identification of domestic abuse and how interventions can be more effective

- ❖ To assist practitioners and professionals to develop their own best practice to achieve consistent responses to those experiencing domestic abuse

- ❖ To implement practical methods to improve the support offered to victims of domestic abuse and their children

Date	Time	Venue & Locality
Friday 18 th Sept 2009	9.30 – 4.30 Including lunch	Elisabeth Room, Endeavour House, Suffolk County Council
Friday 6 th Nov 2009	9.30 – 4.30 Including lunch	Elisabeth Room, Endeavour House, Suffolk County Council
Friday 8 th Jan 2010	9.30 – 4.30 Including lunch	Conference Room East, St Edmundsbury District Council
Friday 5 th March 2010	9.30 – 4.30 Including lunch	Council Chamber, Mid Suffolk District Council
Friday 14 th May 2010	9.30 – 4.30 Including lunch	Venue to be confirmed

Full details will be sent with confirmation. This course can be delivered in house. For enquiries, applications and to reserve a place, please contact:

Debbie Smith 01473 264659 debra.smith@suffolk.gov.uk

CHILDREN & DOMESTIC ABUSE

Course Aims

To explore the effects living with domestic violence and abuse may have on children and young people and develop effective approaches for working with their experiences.

Who is the course for?

The course is appropriate for practitioners, including those working for voluntary sector organisations who have a sound working knowledge and understanding of domestic abuse and may work unsupervised, directly or indirectly with children and their families. The course will include an overview of safeguarding and SCB Domestic Abuse Guidelines and has been developed to underpin safeguarding procedures. Participants will be expected to have attended Domestic Abuse Awareness and Tools for Practitioners prior to this training.

Course Objectives

To promote better outcomes for children and young people who experiences may include living with domestic abuse by raising awareness of their needs and views and by assisting practitioners to develop responsive interventions that consider:

- ❖ How domestic abuse can be recognised through the responses and behaviour of children and young people
- ❖ How children and young people make sense of their experiences of domestic abuse
- ❖ The coping strategies they may use
- ❖ Practical and therapeutic approaches that involve and build on children's and young peoples own understanding

Date	Time	Venue & Locality
Friday 16 th Oct 2009	9.30 – 4.30 Including lunch	Council Chamber, Babergh District Council
Friday 11 th Dec 2009	9.30 – 4.30 Including lunch	Venue to be confirmed
Friday 5 th Feb 2009	9.30 – 4.30 Including lunch	Venue to be confirmed
Friday 12 th Mar 2010	9.30 – 4.30 Including lunch	Council Chamber, Babergh District Council
Friday 18 th June 2010	9.30 – 4.30 Including lunch	Venue to be confirmed

Full details will be sent with confirmation. This course can be delivered in house. For enquiries applications and to reserve a place, please contact:

Debbie Smith 01473 264659 debra.smith@suffolk.gov.uk

KIC WORKSHOPS

KNOWLEDGE AND INFORMATION = CHOICE

KIC workshops were developed recognising that women will often talk to friends about their relationships in preference to contacting professionals or agencies. This is particularly relevant for those women from diverse communities who may experience barriers or perceive there are barriers to communicating. The programme is aimed to break down the myths surrounding religion and culture and to give the opportunity to share commonalities.

KIC workshops aim to provide an opportunity for discussion for women from diverse communities who have an interest in domestic abuse through:

- ❖ Informing and educating women about domestic abuse and other forms of violence against women
- ❖ Enabling learning from different approaches and ways of conceptualising personal experiences
- ❖ Enabling women to confront and validate their right to feel as they do, to talk and put across their point of view
- ❖ Overcoming social isolation and being part of a supportive network
- ❖ Experiencing autonomy, taking the initiative and rehearsing strategies in safety (Hammer & Stratham 1999)

Course Aims

To introduce KIC, explore and consider the barriers to communication and improve understanding to enable participants to facilitate KIC development sessions with small groups of women from diverse communities

Who is the course for?

The course is aimed at practitioners and support workers from the statutory and voluntary sector who have a sound knowledge and understanding of domestic abuse and who work with or are in contact with women and families from Bangladeshi and black and minority ethnic communities. Participants will be expected to have attended Domestic Abuse Awareness and Tools for Practitioners prior to this training.

Course Objectives

- ❖ To introduce the KIC workshop model and the concept that separatist groups for women encourage positive learning
- ❖ To provide practitioners with information and a structured framework for working with small groups of women from diverse communities
- ❖ To promote understanding and eliminate cultural misconceptions and barriers to effective working

Date	Time	Venue & Locality
Thursday 17 th Sept 2009	9.30 – 1.00	Ipswich
Thursday 29 th Oct 2009	9.30 – 1.00	Ipswich
Friday 4 th Dec 2009	9.30 – 1.00	Ipswich
Thursday 18 th Feb 2010	9.30 – 1.00	Ipswich

Full details will be sent with confirmation. For applications and to reserve a place, please contact: **Debbie Smith 01473 264659 debra.smith@suffolk.gov.uk**

MARAC (multi-agency risk assessment conferencing)

The purpose of MARAC is to:

- ❖ To share information to increase the safety, health and well being of victims – adults and their children;
- ❖ To determine whether the perpetrator poses a significant risk to any particular individual or to the general community;
- ❖ To construct jointly and implement a risk management plan that provides professional support to all those at risk and that reduces the risk of harm;
- ❖ To reduce repeat victimisation;
- ❖ To improve agency accountability; and
- ❖ Improve support for staff involved in high-risk DV cases.

Course Aims

To support the national MARAC model (multi agency risk assessment conference) for high-risk victims of domestic violence & abuse. MARACs are now being held monthly in three locations serving the whole of Suffolk.

Who is the course for?

The course includes some awareness raising work using case study analysis and is aimed at practitioners already in a Domestic Violence support role, or those who following contact with a victim would need to refer to the MARAC.

Course Objectives

- ❖ To develop knowledge and skills in domestic violence and abuse risk assessment and risk management, through discussion and case studies.
- ❖ To increase participants' understanding of the MARAC model (including the referral process, information sharing, role of MARAC attendees and benefits of the model).

Date	Time	Venue & Locality
Wednesday 9 th September	10:00–12:30	Lowestoft
Tuesday 15 th September	10:00–12:30	Ipswich
Tuesday 29 th September	09:30-12:00 *(including lunch for those attending both sessions)	Kerrison Conference Centre, Eye
Tuesday 6 th October	09:30-12:00 *(including lunch for those attending both sessions)	Woodbridge

MARAC (multi-agency risk assessment conferencing)

<i>Date</i>	<i>Time</i>	<i>Venue & Locality</i>
Tuesday 20 th October	09:30-12:00 *(including lunch for those attending both sessions)	Mildenhall
Tuesday 3 rd November	09:30-12:00 *(including lunch for those attending both sessions)	Ipswich
Thursday 12 th November	13:00-15:30	Hadleigh
Tuesday 17 th November	09:30-12:00 *(including lunch for those attending both sessions)	Halesworth
Thursday 3 rd December	13:00-15:30	Needham Market

* Please see 'HBV and Diverse Community Issues', which is taking place in the afternoon on the same day. Lunch is provided for those attending both sessions.

In addition to these dates and venues, we are willing to provide these sessions in-house at your convenience. If this is more appropriate, please contact us.

Train the Trainer / MARAC Champions' Training

On the following dates we are offering the opportunity for agencies to nominate a representative to provide in-house training to colleagues who will refer to MARAC.

It is expected that individuals who apply will already be in a trainer and/or a domestic violence support role, be willing to observe a MARAC meeting and deliver a minimum number of sessions (to be negotiated) to an assessed standard. Ongoing support and all materials will be provided.

If you wish to be considered for this opportunity please discuss with your Supervisor and then contact us.

<i>Date</i>	<i>Time</i>	<i>Venue & Locality</i>
Monday 25 th January 2010	09:30-15:30	Ipswich – LEC2 PHQ Martlesham
Wednesday 24 th February 2010	09:30-15:30	Ipswich – LEC2 PHQ Martlesham

Full details will be sent with confirmation of place. To reserve your FREE place or for further information please contact Karen Lolotte, PA to Marianne Fellowes & MARAC Administrator Telephone: 01473 782754 or email: karen.lolotte@suffolk.pnn.police.uk

Honour Based Violence (HBV) and Diverse Community Issues

“Honour” or “Izzat” is a word that describes the concept of a family’s prestige and reputation within its community. A person’s entire life can be governed by a code of behaviour or perceived behaviour, based on the need to maintain the “Izzat” of the family at all times.

HBV is an extreme form of behaviour and control used by one or several members of the family, extended family and/or community.

Similar abusive behaviours and beliefs can affect individuals in a diverse range of community groups (including those of faith, culture, disability, sexual orientation). The training will also explore local issues.

Course Aims

To increase knowledge and understanding of HBV and diverse community issues.

Who is the course for?

The course is appropriate for all staff and volunteers (including Senior Managers and Practitioners). Those attending should already have a general understanding of domestic violence and abuse issues.

Course Objectives

- ❖ To enable individuals to understand and recognise HBV - including Forced Marriage and Female Genital Mutilation (FGM) and potential community issues
- ❖ To explore honour related abuse and the impact on victims and children
- ❖ To identify practice issues and cultural sensitivity/community beliefs
- ❖ To increase awareness of Human Rights, other Legislation and No Recourse to Public Funding issues
- ❖ To enable individuals to assess and manage risk to increase safety of victims and children
- ❖ To increase knowledge of resources and available support services to refer to

<i>Date</i>	<i>Time</i>	<i>Venue</i>
Tuesday 29 th September	13:00-15:30 *(including lunch for those attending both sessions)	Kerrison Conference Centre, Eye
Tuesday 6 th October	13:00-15:30 *(including lunch for those attending both sessions)	Woodbridge
Tuesday 20 th October	13:00-15:30 *(including lunch for those attending both sessions)	Mildenhall
Tuesday 3 rd November	13:00-15:30 *(including lunch for those attending both sessions)	Ipswich

Honour Based Violence (HBV) and Diverse Community Issues

<i>Date</i>	<i>Time</i>	<i>Venue</i>
Tuesday 17 th November	13:00-15:30 *(including lunch for those attending both sessions)	Lowestoft/Halesworth
Tuesday 8 th December	13:00-15:30	Haverhill

* Please see MARAC Training, which is taking place in the morning on the same day. Lunch will be provided for those attending both sessions.

In addition to these dates and venues, we are willing to provide these sessions in-house at your convenience. If this is more appropriate, please contact us.

Full details will be sent with confirmation of place. To reserve your FREE place or for further information please contact Karen Lolotte, PA to Marianne Fellowes & MARAC Administrator Telephone: 01473 782754 or email: karen.lolotte@suffolk.pnn.police.uk

Psychology of Trauma and Responding to Sexual Violence

Course Aims

To improve the response to those experiencing serious sexual assault and rape as part of domestic violence and abuse

Who is the course for?

The course is appropriate for all staff and volunteers (including Senior Managers and Practitioners). Those attending should already have a general understanding of domestic violence and abuse issues and/or sexual assault and rape.

Course Objectives

- ❖ To increase knowledge and understanding of domestic violence and abuse trauma including sexual assault and rape
- ❖ To enable individuals to respond appropriately and increase safety of victims
- ❖ To increase knowledge of interventions, resources and support services in Suffolk

Date	Time	Venue
Wednesday 3 rd March	09.30 to 12.30	Ipswich – LEC2 PHQ Martlesham
Wednesday 3 rd March	13.00 to 16.00	Ipswich – LEC2 PHQ Martlesham

Full details will be sent with confirmation of place. To reserve your FREE place or for further information please contact Karen Lolotte, PA to Marianne Fellowes & MARAC Administrator Telephone: 01473 782754 or email: karen.lolotte@suffolk.pnn.police.uk

FREEDOM PROGRAMME

The Freedom Programme aims to:

- ❖ Provide an opportunity for women to develop ways of thinking and behaving and to increase women's ability to take control of their lives and make positive choices to protect themselves and their children.
- ❖ Increase women's perception of the importance of and ability to engage positively with - support services, and
- ❖ To recognise the beliefs held by abusive men and the impact of their life experience on their own attitudes and beliefs.

Course Aims

To introduce the Freedom Programme model for use with individuals or as part of a group work programme.

Who is the course for?

The two-day course is appropriate for practitioners who have a sound working knowledge and understanding of domestic abuse and who are likely to work with those who are or have been victims/survivors of domestic abuse. Participants will be expected to have attended domestic abuse awareness and Tools for Practitioners prior to Freedom Programme Facilitators training.

Course Objectives

- ❖ To introduce the Freedom Programme and to fully explore the materials which make up the 12 session programme
- ❖ To increase confidence using the materials in one-to-one practice and/or in delivery of group work programmes (including assessment and evaluation and group dynamics etc)
- ❖ A follow-up half day is offered to network with those from your area who are or who will be delivering the group work programme. Ongoing support and materials will be provided.

Date	Time	Venue
Tuesday 1 st September and 2 nd September	09:30-15:30 (lunch will be provided)	Ipswich
Tuesday, 22 nd September and 23 rd September	09:30-15:30 (lunch will be provided)	Lowestoft / Halesworth

In addition to these dates and venues, we are willing to provide these sessions in-house at your convenience. If this is more appropriate, please contact us.

Full details will be sent with confirmation of place. To reserve your FREE place or for further information please contact Karen Lolotte, PA to Marianne Fellowes & MARAC Administrator Telephone: 01473 782754 or email: karen.lolotte@suffolk.pnn.police.uk