

INFORMATION ON PRESCRIPTION

**A free online health information service.
Visit our website at:**

www.suffolk.gov.uk/informationonprescription

Condition	Tick here	Condition	Tick here
Asthma		High blood pressure	
Cancer		Memory loss and Dementia	
COPD – lung disease		Mental health and Wellbeing	
Diabetes		Obesity	
Falls		Stroke	

Support services + self-help options	Tick here	Support services + self-help options	Tick here
Accessing information – translation and communication services		Hospital acquired infections	
Advocacy and mediation services		Housing	
Alcohol awareness		Independent living	
At Home Library Service		Legal advice	
Befriending		Medication advice	
Benefits advice and finance		Pain relief	
Bereavement		Pet care and fostering	
Care and carers		Respite services	
Care homes		Self-care for long term conditions	
Equipment and alarms		Services	
Exercise and mobility		Social activities	
Funeral planning and living wills		Stopping smoking	
Health information		Support groups	
Healthy eating and dietary changes		Support for ex-armed forces	
Hospices		Travel	

You can access the information yourself or bring your Prescription to any Suffolk library, where staff will be happy to:

- reserve books, print out information or show you how to do it for yourself

Feedback will help us improve the service. Please forward your comments to:

Sue Nicholson,
Information on Prescription Project Coordinator,
Mob. 07872 699153
Email: sue.nicholson@suffolk.gov.uk

Hilary Platts,
Health Information Librarian,
Tel: 01473 583727
07540 668825
Email: hilary.platts@suffolk.gov.uk

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Issuing staff – Please retain this section and send the slips every month to Suffolk County Council, FREEPOST NAT18364, Ipswich IP1 2BR marked fao Sue Nicholson on the reverse of the envelope.

Date of issue.....

Surgery / Team.....Self issuedGive to staff

Issued to: Carer or Person with condition (Delete as appropriate)

